

THE
KAPPA
ALPHA

THETA

MAGAZINE
SUMMER 1997



*From
Olympic Gold
to
Theta's
Black & Gold*



The Kappa Alpha Theta Magazine

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Trying to Subdue an Unpleasant Alter Ego

Sometime during the last several months, I began to remind myself of Dr. Jekyll and Mr. Hyde. Whenever I got behind the wheel of my car, I became this impatient, aggressive Type A person. I drove fast. I changed lanes frequently. I muttered at other drivers imprecations that would make a sailor's toes curl.

This behavior was totally out of character for me. I am usually pretty quiet and mild-mannered, with a tendency toward shyness. So why did piloting a couple of tons of metal through city traffic effect such a personality change in me?

It isn't as though I have a lengthy or difficult drive to work, or the grocery, or anywhere else, for that matter. It isn't as though the traffic in Indianapolis—although heavier than it used to be—is horribly congested. On the surface, there was absolutely no reason for me to be driving like a competitor at the Indianapolis 500. Yet I was, and I wondered why.

The answer came to me while I was doing research for "De-Stressing Life," which begins on page 24 of this issue. I think that my Al Unser, Jr., impersonation was my not-very-healthy attempt to cope with the everyday stresses that we all experience.

According to experts in stress management, any behavior that indicates that we are not acting like our usual selves may be a sign of adverse reaction to stress. And, let's face it, stress is an integral part of human life in the waning years of the twentieth century.

Stress is a particularly large part of women's lives. Many a woman now performs the numerous and varied roles of wife, mother, friend, daughter, sister, in-law, and neighbor while working at least one paid or unpaid job. We have taken on new roles yet not lessened our intense involvement in old ones. Some

of us, like me, are not even aware that we are stressed.

Fortunately, as the research for my article revealed, stress *is* manageable. We can't control every element of our lives, but we can learn to accept that fact and to control our reactions to what happens in our lives.

For me, that meant taking a couple of deep breaths and admitting that I felt overwhelmed. That was oddly hard to do: It can be difficult to admit that we are not Superwomen and that all is not perfectly under control. Then I identified the issues that were bothering me. There were a couple of problems that I could solve right away, and a couple that took a bit longer to resolve. And there were several issues that I had to dismiss as completely out of my control. Since there was nothing I could do about them, I had to make a real effort to stop obsessing over them.

I also decided that directing unresolved anxiety and hostility toward other unsuspecting motorists was neither very considerate nor very smart. Consequently, I took some specific steps to help cure myself of my antisocial driving habits. For instance, I began taking a different route to work. It's a scenic street, so I'm not tempted to speed, and it has only one lane, so I *can't* pass.

The opportunity to work on "De-Stressing Life" came at a good time in my life. I hope that reading it will prove as beneficial for you as writing it did for me.

Like most Americans, I spent two weeks last July with my eyes glued to my TV set, watching the Olympics. For me, and for many other people, the defining moment of the 1996 Olympic Games came when Kerri Strug vaulted on an injured ankle to help the US women's gymnastics team win the gold

medal. In this issue of *The Kappa Alpha Theta Magazine*, we profile Kerri, who recently became a member of the Beta Xi Chapter at UCLA. "Theta has been fun for her," says Jennifer Peterson, Kerri's agent. "She's really enjoying that aspect of her life right now."

This issue also includes coverage of this year's Regional Leadership Conferences (RLCs), which took the place of an international Leadership Conference. This innovative series of regional conferences, held at eight sites across the country, was designed to provide training in leadership skills, campus relations, and Fraternity programming in a low-cost, accessible, timely manner. Feedback from participants has indicated that the RLCs were a resounding success.

Summer is traditionally a time to relax and think light thoughts. But in her essay on page 11, Norma Jorgensen, Theta's first alternate delegate to the National Panhellenic Conference, reminds us that high scholarship is one of the Fraternity's primary goals, no matter what the season. Other features in this issue include a profile of Jill Bauer, a host on QVC, as well as an update on the work of the Structure Task Force.

I hope that you will be able to read the Summer 1997 issue of *The Kappa Alpha Theta Magazine* somewhere pleasant that befits the season. A beach chair near a lake.... A hammock under a leafy tree.... A picnic table in a park....

Happy summer!

Loyally,



Liz Appel Rinck, Gamma/Butler Editor

Corrections

- On page 4 of the Spring 1997 issue, the Beta Omega Chapter at Colorado College was incorrectly identified as the Beta Omicron Chapter.

- Danielle Eidson, Alpha Omicron/Oklahoma, listed in the Academic Achievers list in the Spring 1997 issue, had straight A's for both terms of the 1995-96 academic year.

- In the 1996 Donor Report, Mary Dunlap Shepherd, Beta Tau/Denison, should have been identified as a Life Member of the Foundation.

MISSION STATEMENT

The Kappa Alpha Theta Magazine will serve as an enduring link between the International Fraternity and its members. *The Magazine* will educate, update, and entertain readers about the Fraternity and its college chapters and alumnae groups.

SNAPSHOTS



Members of the **Beta Eta Chapter at Pennsylvania** gathered at the registration table during their second 5K Fun Run, benefitting CASA. Pictured are (seated) **Julie Galluzzo, Melissa Rice**, (standing) **Lisa Ohebshalom, Rebecca Richards, Amy Ludvigson**.



Faith Kendrick, AΦ/Newcomb-Tulane, (left) had the honor of participating in Tulane's 1996 Homecoming Court. Kendrick is pictured with **Josie Lewis, AΦ/Newcomb-Tulane**, Student Body President.



Angie Clark, ΓΦ/Texas Tech, celebrated with several proud sisters after being crowned Miss Lubbock. Angie will compete in the Miss Texas Scholarship Pageant this summer.



In February, these Thetas gathered for a group photo during the Southern Greek Leadership Conference in Dallas, Texas. Pictured are **Tamika Jones, ZY/UT-Dallas; Krista Gaugler, ZY/UT-Dallas; Megan Haskell, ΓΤ/Tulsa; Lissa Luton Bradford, AΗ/Vanderbilt; Lindsay Oxford, BZ/Oklahoma State; Amanda Horner, ΔΩ/Texas A&M; Jennifer Rodman, ΔΩ/Texas A&M; Sabrina Stephens, ΔΩ/Texas A&M; and Andrea Wadsworth, ΔΩ/Texas A&M**.



Several members of the **Beta Iota Chapter at Colorado** posed before participating in this year's Powder Puff Football Tournament sponsored by Alpha Tau Omega.



At the **Santa Barbara Alumnae Chapter** Founders Day celebration, the members of **Gamma Rho Chapter at UCSB** welcomed the new members of **Zeta Phi Chapter at Pepperdine** into the bonds of Theta sisterhood.

Paula Hayes, Jandy Stoughton, Jackie Rogers, and Becky Daigneau, all members of the **Zeta Omicron Chapter at Wake Forest**, posed for a picture during a reception held in the new Theta lounge on campus.





These **Coachella Valley, Calif.**, alumnae gathered in Palm Springs for a Panhellenic meeting this fall. Pictured with George Montgomery (author, sculptor, actor, and designer) are **Nancy Naujoks Fischer**, BA/Arizona; **June Pentland Hunker**, AI/Washington-St. Louis; **Betty Sprague Bjorkland**, AE/Oregon; **Maryhelen Grande Fisher**, AA/Washington; **Jodie Moody Miller**, T/Northwestern; **Elizabeth Earle Boyington**, AS/Washington State; and **Jo Erzinger Sheward**, BK/Drake.



Members of the **Alpha Gamma Chapter** at **Ohio State** traveled to California to watch the Buckeyes clinch the 1997 Rose Bowl title.



Award winners from the **Alpha Gamma Chapter** at **Ohio State** posed after the Founders Day ceremonies. Pictured are **Janine Annechino**, Marjorie Dean Honor Pin for Sophomore Service Award; **Michelle Ruprecht**, Award for Senior Creativity; **Regan Thompson**, Senior Service/Outgoing Chapter President Award; **Tracy Frank**, Mary Loren Jeffrey Honor Pin for Senior Scholarship; **Erin Tarloff**, Julia Taylor Kelly Honor Pin for the Outstanding Freshman; and **Allyson McCarthy**, Emma Blesch Honor Pin for Junior Personality.



Sarah Kellenberger, AG/Ohio State, posed with some of the poinsettias that were delivered by members of the **Columbus, Ohio, Alumnae Chapter** during the chapter's annual Poinsettia Sale. The sale generated more than \$2,400 in proceeds to benefit CASA and the Kappa Alpha Theta Foundation.



Members of the **San Antonio Alumnae Chapter** gathered for a Founders Day celebration. Pictured are "Theta of the Year" recipient **Susan Hays Heinemeyer**, ΔΩ/Texas A&M; alumnae chapter president **Micki McGee Philbin**, AM/Missouri; and "Twin Star Award" recipient **Tracy Lappin**, BΣ/SMU.



Palos Verdes Alumnae Chapter members honored **Ruby Hale Field**, Φ/Pacific, for her lifetime accomplishments and congratulated her on her 80th year of being a Theta.

Jessica Hulsey, **Stephanie Blackburn**, and **Kasey Roney** represented the EM/Princeton chapter at the 1997 Regional Leadership Conference in Baltimore, Md.

PORTRAITS

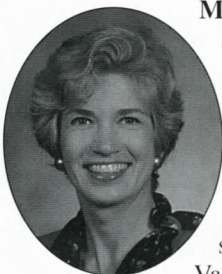
INDIVIDUAL ACHIEVEMENTS

At this year's Founders Day celebration, **SEATTLE ALUMNAE CHAPTER'S** Twin Star honorees were not present to receive their awards — instead, **ALICE OSBORN BROOKS, BI/COLORADO**, and **SARAH BRUNS MCCORMICK, ΔI/PUGET SOUND**, were at the **DELTA DELTA CHAPTER** at **WHITMAN COLLEGE** where Brooks's daughter, **CAROL**, was being initiated. In light of this Theta commitment, their absences were excused....

A member of Aural Pleasure, **JOANNA ROSES, ΔZ/EMORY**, is featured as a soloist on the group's newly released album. The album, the first produced by Emory's only coed a cappella group, is "a fine effort which utilizes the group's greatest strengths: the camaraderie and enthusiasm they bring to their songs."

LINDSAY T. HARRELD, ΓI/KENTUCKY, placed third out of sixteen candidates in

the 47th annual Christmas Seal Contest. Lindsay raised \$998 in the contest, which was sponsored by the American Lung Association of Kentucky.



MARLENE RUTLEDGE SHAW, ΔK/LOUISIANA STATE, has been appointed the next Rector of Chatham Hall, an all-girls boarding school in Chatham, Va. A veteran of more than 20 years of administrative and teaching experience, Shaw will be the first woman at Chatham Hall to carry the title of rector.

TARA MAY, K/KANSAS, is one of 60 volunteers who recently embarked on a one-year commitment of teaching English in Costa Rica. These volunteers went to Costa Rica under the auspices of World Teach, a private nonprofit organization based at Harvard University. Teaching English and environmental education to students is part

of an effort to alter the face of Costa Rican education.

ELLENGRAY GUTZMAN KENNEDY, AP/SOUTH DAKOTA, was recently appointed by the governor to the Iowa State Board of Regents—overseer of all state universities and special schools. (Kennedy is currently director of Briar Cliff College of Sioux City at the Algona Campus of ILCC.)

Earlier this year, **JEAN NELSON MARTIN, AH/VANDERBILT**, was named director of President Clinton's Crime Prevention Council. The council is charged with assisting communities with efforts to prevent crime as well as developing a catalog of federal prevention programs.

LORENE MCCORMICK BURKHART, AX/PURDUE, recently received her doctor of letters degree from Purdue University. Burkhart is owner/publisher of the *Indianapolis Register* newspaper. She has had a multifaceted career in education, business, media and philanthropy.



Members of the **Delta Upsilon Chapter** at **Eastern Kentucky** volunteered their time to make the university's first annual alumni Thank-A-Thon a great success.



Upper Arlington, Ohio, alumnae took time to recognize one of their senior members, **Ruth Crabill Young, ΔΓ/Ohio State**, who was initiated in 1928. Back row: **Janet Lowman Fox, ΓY/Miami University**; **Ruth Crabill Young, ΔΓ/Ohio State**; **Ginny Funk Wineberg, ΔΓ/Ohio State**; **Nancy Parks Pickett, ΔΓ/Ohio State**; front row: **Phyllis Gilbert Smith, A/DePauw**; **Dorothy Seiller Baldwin, ΓΔ/Ohio Wesleyan**.



The College Committee met last fall at Headquarters for new-CDP training. Back: **Helen Canine Summer, ΔΦ/Clemson**; **Kim White, BK/Drake**; **Blair Sobba, ΓX/Fresno St.**; **Stephanie Olin, EΘ/Stetson**; **Tammy Krentz Forsythe, ΓΩ/Auburn**; front: **Barbara Ann Caulfield, Ω/UC Berkeley**; **Bev Nanney Bowlus, BA/William & Mary**.



VALERIE S. MALMONT, IO/NEW MEXICO, announces that Simon & Schuster has published her novel, *Death, Lies, and Apple Pies*. It is the

second in a "cozy" mystery series, set in the mountains of south-central Pennsylvania, featuring amateur sleuth Tori Miracle. A "cozy" mystery is a story of the Agatha Christie type, which usually features an amateur sleuth, a closed setting, and a minimum of sex and violence.

MILDRED "MILLIE" JENKINS McVEY, AI/OHIO STATE, a consultant with Wutchiett & Associates Inc., was elected chairman of the board of the First Community Village for 1997. She resides in Columbus, Ohio.

MOLLY CORBETT BROAD, X/SYRACUSE, has been named the next president of the University of North Carolina sys-

tem. Broad, the executive vice-chancellor of the California State University System, will be the first woman to head the 16-campus North Carolina system.

DONNA TESTERMAN LOVE, AY/WASHBURN, was recently honored with the Washburn Alumni Association's Monroe Award. This award was established in 1973 to recognize the contributions of faculty members, administrators, friends, and benefactors of Washburn who have provided outstanding service to their community and the university. Love is credited with developing the Washburn social work department.

AMANDA HORVAT, BI/COLORADO, recently received the Beta Iota "Outstanding Accomplishments in University of Colorado Campus Activities" award. This award recognizes members with diverse and extensive extracurricular activities. Horvat is involved in the President's Leadership Class, CU Ski and Snow Board Club, and the Legislative Action Committee for the University of Colorado Student Union, as well as serving as an intern

for the governor of Colorado and maintaining offices within the chapter.

KATHERINE GOTTFREDSON, ZN/UC DAVIS, received a Panhellenic Sister of the Year award from the Sacramento Alumnae Panhellenic. The Panhellenic Sister of the Year honor is awarded annually to a collegiate woman who demonstrates academic excellence, shows a commitment to community service, and promotes sorority life.

Since the beginning of the 1996-97 school year, members of the **ALPHA EPSILON CHAPTER** at **BROWN** have successfully helped raise 210 pints of blood every month for the Rhode Island Blood Center. The entire chapter has been working in conjunction with the Beta Nu chapter of Sigma Chi at Brown University in this successful blood drive.

The **GAMMA NU CHAPTER** at **NORTH DAKOTA STATE** will be celebrating its 50th Year Anniversary with a reunion on October 11, 1997, in Fargo, ND. For more information, contact **MELONY TAYLOR** at (701) 293-9841.



Family members attended the initiation reception at the **Alpha Chapter** at **DePauw** for fourth generation Theta **Libby Emison, A/DePauw**. **Betsy Vonnegut Brubeck, A/DePauw**; **Phyllis Maish Vonnegut, Γ/Butler**; **Libby Emison, Karyn Emison, A/DePauw**; **Sally Lowden Holmes, A/DePauw**; and **Kathy Holmes Emison, A/DePauw**, pose with close family friend **Sue Farrell Supple, A/DePauw**.



Denver Alumnae Chapter keeps their two-mile stretch of highway clean. Clean-up crew members pictured are **Michele Grimmert, BΘ/Idaho**; **Kelli McMaster Hauge, AN/Montana**; **Gloria Schlapkohl Siekmeier, AP/South Dakota**; **Sherla Jennings Alberola, BΠ/Michigan State**; **Carolyn Miller Cusick, BI/Colorado**; **Kendy Cusick-Rindone, P/Nebraska**; **Jill Pedicord, BΓ/Colorado State**; **Mary McInnes Flowers, BI/Colorado**.

Ten members of the **Delta Eta Chapter** at **Kansas State** were selected for membership in Mortar Board National Honor Society. Membership is based on scholarship, leadership, and service. Back row: **Megan Theel, Brook Donley, Jenny Mueller, Christina Frick**; front row: **Kristi Oleen, Shannon Meis, Megan Loeb, Keri Barrow, Lynn Kennedy**.

These 50-year Thetas were honored during the Founders Day luncheon in Connecticut: **Dottie Perkins, ΓZ/Connecticut**; **Dottie Ferris Elsner, Λ/Vermont**; **Lucile Boyd Bailey, X/Syracuse**; **Shirlee Peck Ciccone, ΓZ/Connecticut**; **Bette Willsay Potter, ΓZ/Connecticut**; and **Barbara Bossi Gilbert, ΓZ/Connecticut**.



THETA BRIDES



Members of the **Alpha Phi Chapter** at **Newcomb-Tulane** gathered in Tampa, Fla, for the marriage of Connie Kearns and Bud Meadows. Pictured are: **Lisa Woodward, Maria Sebastian, Connie Kearns Meadows, Cybelle Lyon, and Ivy Goodloe.**



These Thetas gathered for a quick photo at Susan Cunningham Gouveia's, ET/Yale, wedding. Pictured are **Masu Haque, ET/Yale; Shafali Jeste, ET/Yale; Amy Belt, ET/Yale; Sarah Ellis, ΔΩ/Texas A&M; Susan Meine, ET/Yale; Virginia Kreutzer Christopher, AI/Washington-St.Louis; Amy Cunningham Fehr, ΒΓ/Colorado State; and Paige Vanloh, ΓΨ/TCU.**



These Thetas from the **Omicron Chapter** at **USC** gathered in Pacific Palisades, Calif., for the marriage of Jennifer Schreter and Nicklas Smith. Back row: **Katherine Tragus, Denise Stilwell, Kirsten Murphy, Ellen Williamson, Jennifer Schreter Smith, Melanie Shaw, and Colleen McNamara Thomas;** front row: **Joy Saris Marietti, Julie Ceglowski, Angie Tragus, Elizabeth Friedel, Gina Corigliano.**

Six years after graduation, 11 Thetas from the **Omega Chapter** at **UC Berkeley** reunited to celebrate Carol Halden Rachwald's wedding. Pictured are **Danielle Icay Cirelli, Claire Morris, Laura Fitz-Randolph, Carol Halden Rachwald, Jennifer Steen, Caroline Vargas Stevens, Tracy George, Misty West, Leah Perez, Audrey Gee, and Kristen Thall-Peters.**



CLOSE-UP

Dedicated to Excellence

There have been challenging choices along the way, but her outstanding record reflects that **Louise Connally Strong, AO/Texas**, has chosen wisely and well. Her decision in 1995 to accept the

By **Peggy R. Roe, M.A.**
AO/Oklahoma

leadership of The American Association for Cancer Research, a 10,000-member international organization of professionals involved in basic and clinical research, has proven to be a rewarding experience. Strong currently holds the positions of president-elect, president, and advisor of this influential group whose focus is to promote scientific communication, science education and training, and public knowledge about cancer and cancer research. This accomplishment is a natural step in the progression of an individual whose dedication not only to her profession but also to her family, friends, and fellow citizens is exemplary.

Not only has Dr. Strong earned a superb reputation for research aimed at developing techniques to detect faulty genes that predis-

pose to cancer, she also has distinguished herself as an outstanding teacher, popular lecturer, prolific writer and articulate proponent of broad-based support for cancer science.

Former chapter president **Elaine Seewald Lawhon, AO/Texas**, remembers that "Louise was regal ... a really pretty girl whom everyone looked up to. She was scholarship chairman, of course, and people liked her because she was kind and thoughtful and so good on the inside." Strong admits laughingly when asked about her contribution to the chapter that she probably helped out with the overall GPA.

As she has shown, Strong's dedication to excellence knows no boundaries, and many feel that it is this kind of dedication which will lead us into tomorrow. ■



Kappa Alpha Theta's newest chapter, Zeta Chi, was installed on the Johns Hopkins campus in Baltimore, Md., on April 20. Sixty-seven new members were initiated into the Zeta Chi Chapter, and one alumna became a member of the Zeta Phi/Pepperdine

Welcome, **ZETA CHI**

Chapter.

Local alumnae, members of the Zeta Tau Chapter at Delaware, and an 11-

member installation team coordinated the installation and initiation. The home of Elizabeth Chapel, Omicron/USC, served as the setting for several

of the services. A touch of whimsy was added to one service when the Chapel family cat decided to attend. ■

Congratulations to our brand-new chapter!

*You're Invited ...
To Experience the Warmth
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June 24-28, 1998
Deep in the Heart
Kappa Alpha Theta
Grand Convention
Dallas, Texas*



Marcia Bond Resigns

Marcia H. Bond, ΓΔ/Georgia, has resigned as Kappa Alpha Theta's executive director. In announcing her resignation, Bond stated that it was a difficult decision but that the Fraternity was in a good position for a change in leadership and she considered the timing appropriate for moving into new career challenges.

Bond had served as executive director since 1983. She is a member of the American Society of Association Executives, from which she received her Certified Association Executive (CAE) designation last July. In addition, she is a member of the Fraternity Executives Association, the Association of Fraternity Advisors, and the Fraternity Insurance Purchasing Group and has served on the board of the National Panhellenic Conference Executives Association. As a recognized risk management specialist, she has been a frequent presenter of risk management seminars.

Marcia Bond was instrumental in developing a professional staff for the Fraternity. She believed strongly in the mission of Kappa Alpha Theta and the Greek movement. Her resignation letter stated, "It has been a pleasure serving an organization dedicated to building tomorrow's leaders through the college sisterhood experience." One former Fraternity president wrote, "As one of

the first women in an association of fraternity executive directors, [Marcia] earned respect ... by her thoughtful, decisive, and witty participation. She has increased the reputation of her organization many times over."

Grand Council will undertake a search for Bond's successor.

Commemorating Kelly

Our dear friend and Theta sister, Kelly Conlan-Spellman, was diagnosed with kidney cancer at the age of five in 1970. In December of 1994, Kelly and her husband discovered that radiation and chemotherapy administered more than 20 years before had slowly destroyed her liver and remaining kidney.

For 18 months, Kelly waited for a liver donor as her condition deteriorated. Happily, a match was found. But by July, Kelly needed a new kidney. In late August, she was rushed to the hospital, her transplanted liver infected and failing. Although the chances of receiving another liver and a kidney at the same time were dismal, a liver and kidney from the same donor became available, and Kelly underwent a second transplant.

Kelly waged a long and valiant battle against almost insurmountable odds. She died peacefully on September 23 in the company of her husband, her parents, and family members.

We remember Kelly as we knew her: selfless; witty; beautiful; an accomplished painter, photographer, and designer; and dedicated to family and friends. One of the greatest gifts we received was to share time with Kelly as Theta sisters and lifetime friends.

Our message is simple: enjoy your life and the lives of friends and family every hour and every day. Time is truly an invaluable commodity for which no price can be paid.

We urge you to contact the Organ Transplant Fund, Inc. (1102 Brookfield, Suite 202, Memphis, TN 38119, 1-800-489-3863), to find out how you can help families of transplant patients.

GINA MARTIN BREDÁ
ALPHA TAU/CINCINNATI

CONNIE COLLINS MAY
ALPHA TAU/CINCINNATI

Fired Up

I would like to thank you for the article entitled "Fired Up About Theta!"

(Winter 1996-97). As our newly slated vice-president public relations, I'm always looking for new ways to improve our chapter and motivate our members. It is always exciting to hear about what other Thetas are doing, and it makes me proud to read about the wonderful things going on at all of the other chapters—what a great way for us to motivate and strengthen one another. Perhaps this could be an annual feature in *The Magazine*. Thanks again!

RACHEL BURKE
PSI/WISCONSIN

Wanted: Mail

Just a short note to inform you that your Theta sister, Caroline Elizabeth Ryan, Mu/Allegheny, was sworn into the Peace Corps of the United States last summer. Caroline is teaching English in a private school in Kyrgyzstan (formerly part of the USSR). She will serve in the Peace Corps until June of 1998.

As you can well imagine, mail is of great importance, and I know she would enjoy hearing from her Theta sisters. E-mail may be sent to cer@nlpub.freenet.bishkek.su; mail may be sent to 722360, Kyrgyzstan, Issyk Kol, Karakol, PO Box 33, Cari Ryan.

FRAN RYAN

Web Words

I am an alumna of Kappa Zeta, a local sorority. I just wanted to say that Theta has an outstanding web site. It has been very interesting looking at the things Theta has to offer. No wonder you have lasted all these years! Continued success to you.

TANIA FUSELIER
KAPPA ZETA
VIA E-MAIL

Just a quick note to say congratulations on your pages! They're very informative and a positive picture of fraternity life for women. I'm looking forward to updates.

KAREN BILLINGHAM
ALPHA DELTA PI
VIA E-MAIL

Letters to The Kappa Alpha Theta Magazine may be edited for length.

MOVING? NEW PHONE? NAME CHANGE?

This year KAΘ will spend more than \$6,000 to receive address corrections from the US Postal Service!

If you have a change, please let Theta know!

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One Scholar's Perspective

Education is the instruction of the intellect in the laws of nature, under which name I include not merely things and their forces, but men and their ways; and the fashioning of the affections and of the will into an earnest and loving desire to move in harmony with those laws.

—THOMAS HENRY HUXLEY, "A LIBERAL EDUCATION," 1868

Alexander Astin's research on freshmen entering college has shown that when asked why they want a college education, a great majority answer *To get a good job* or *To make a lot of money*. Although these goals are antithetical to the basic goals of higher education—to achieve a historical perspective on civilization and the world in which we live—they may, in the long run, be a pleasing byproduct of four or more years of collegiate exposure to the arts, sciences, and humanities.

According to Webster, a scholar is a "learned person." It is not always necessary to go to college to become a learned person. Many have achieved a fine education by self-study and use of a special gift of perseverance. But time spent on a college campus is, or should be, a mind-expanding, horizon-widening experience and an opportunity for personal growth. To neglect the use of the endless opportunities offered by a fine faculty, a comprehensive library, unique research facilities, and a diverse curriculum and community to feed one's intellect is surely wasting the priceless abundance of resources at the fingertips of the college student.

It is fairly easy to be a *student*. A student usually goes to class, does the assigned homework, and takes the exams and tests required. But how does one become a *scholar*? The scholarly attributes are achieved through the development of the ability to think creatively, to relate apparently unrelated things to one another, to examine facts before accepting them, to seek information farther down the road, and to turn knowledge into wisdom. The scholar savors the opportunity to learn and accepts it, developing critical thinking skills and a knowledge of the value of time.

The scholar has specific goals. She knows where she is now and where she

wants to be. She thinks ahead and visualizes her life at age 30, age 40, and beyond. She plans how to get there. She accumulates the attitudes and skills which will take her to her goals.

The scholar knows that it is critical to be able to communicate in writing. She knows that verbal skills need refinement and are sharpened by use, particularly with a community of intellectuals—professors and leaders—who can be role models and from whom she can learn both inside and outside of the classroom. All the while, she is developing the professional edge.

The scholar chooses electives not only because they are of interest but also because they will help to complete a total liberal education. She seeks out professors who are outstanding in their fields and attends campus cultural events and lectures. She educates her whole person and enjoys the journey.

In 1642, Sir Thomas Browne said, "Scholars' pens carry farther and give a louder report than thunder." We can each be a scholar. We can each make a noise louder than thunder.

Editor's note:

This is the second in a series of articles commemorating The Year of the Scholar. The National Panhellenic Conference (NPC) has proudly declared 1997 as The Year of the Scholar. The 12-month program will highlight academic pursuits for women's fraternities and bring to life the ideals stated in the Panhellenic creed.

The Year of the Scholar celebrates the Greek woman's quest for academic excellence by promoting the attainment of high scholarship and the pursuit of intellectual interests.

With the assistance of alumnae and collegiate Panhellenic organizations, the event will include awards recognition and academic programming on more than 600 campuses.

Kappa Alpha Theta's NPC delegates are Lissa Luton Bradford, delegate and secretary of NPC; Norma Anderson Jorgensen, first alternate; Carol Stenberg McPadden, second alternate; and Jill Pfeifle Sauser, third alternate. ■

SCHOLARLY SUCCESS

The key to effective studying is concentration. The measure of concentration is not the amount of time spent, but how well or effectively you use your time.

Here are some tips for successful studying.

1 ATTEND ALL CLASSES. Many professors supplement textbook material and/or interpret reading assignments during class.

2 REVIEW PREVIOUS CLASS NOTES OCCASIONALLY. Everyone gets bored occasionally in class. If you are bored in a lecture, don't doodle or write letters. Flip through your previous notes. Looking over notes from earlier class sessions may generate some interest and help you get back on track.

3 USE DAYLIGHT HOURS. Each hour studied during the day is equal to one and one-half hours studied at night.

4 STUDY AFTER CLASS. Your retention and understanding of lecture material will be enhanced if you review your notes immediately after class.

5 PLAN YOUR STUDY TIME. Form the habit of studying in the same place at the same time of day. Soon the habit of studying when you go to that place at that time will make getting started much easier.

6 FIND A GOOD ENVIRONMENT. It should be reasonably quiet and relatively free of distractions like radio, TV, and other people. Do not lie in bed and read; it is too easy to fall asleep. Sit at a desk, in a straight chair, with adequate lighting.

7 BEFORE YOU BEGIN AN ASSIGNMENT, WRITE THE TIME YOU EXPECT TO BE FINISHED ON A SHEET OF PAPER. This may put just the slightest bit of pressure on you—enough to make your study time more efficient.

8 POST YOUR STUDY HOURS. Posting your schedule and study hours on your door will help you stick to your study plans and inform others that you do not wish to be disturbed.

Adapted from Kappa Alpha Theta's Scholarship Manual.

By Norma Anderson Jorgensen,
ΓΖ/Connecticut

LEAPS

★ OF ★

FAITH

GYMNAST KERRI STRUG'S FAMOUS OLYMPIC VAULT LAUNCHED HER ON A PATH TOWARD TELEVISION, COACHING, COLLEGE—AND THETA

On July 23, 1996, millions of people worldwide watched as 18-year-old American gymnast Kerri Strug leapt into Olympic history.

The scene was Atlanta, and Team USA was on the vault in the final rotation of the women's team competition.

Tension was high. Strug's teammate Shannon Miller had taken a short hop on her landing; teammate Dominique Moceanu had crashed on her two tries. The gold medal was at stake, and the Russian team was in close contention.

Strug, who was the final competitor in the rotation, raced down the runway toward the vaulting horse, knowing her team needed at least a 9.6 score from her to clinch the gold.

She made the vault, landed on her heels, and, as she staggered back, heard something snap hard in her left ankle.

In the next several moments, Strug made a decision that exemplified the Olympic spirit and changed her life.

She vaulted again, landed full-force on a badly sprained ankle, and scored a 9.712 score.

That night, millions of people watched again as Strug—carried in the arms of her coach, Bela Karolyi—and her teammates received the Olympic gold medal. It was the first gold medal ever awarded to a US gymnastics team. Everyone from local reporters to President Bill Clinton praised Strug's self-sacrificing performance as a defining moment for her team and for her country.

"I don't think anyone really realizes what gymnasts go through, training-wise," Strug says of her determination to continue despite her injury.

"I had put so many hours into training, and I had done that vault so many times.

"As gymnasts, we learn to be optimistic and to visualize that we will do well before we perform. The last thing I was thinking about at the Olympics was doing poorly," she says.

"It's hindsight, but I think it would have been better to try the vault and miss than it would have been to just give up. Because that was the Olympics, and I wanted to know that I gave it everything I had.

"I think that's what I learned through my experiences as a gymnast that I can carry over into other aspects of my life—you just need to focus on what's at hand and keep things in perspective.

"And you just try to do your best."

By Jan Schmitz Mathew, Δ/Illinois



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JUMPING IN AT UCLA

Last fall, Strug made another leap of faith. The move didn't make headlines or magazine covers, but the decision took the same type of resolve and focus that made her an Olympic hero.

Strug leapt full-force into college life at UCLA and into sorority life as a member of the Beta Xi Chapter of Kappa Alpha Theta.

She describes it as the hardest decision she has ever had to make.

"My teammates all decided not to go to school and to travel on tour, and I elected not to go," Strug says.

"There was definitely some pressure to stick with the team. We had just accomplished the greatest task ever in US women's gymnastics history, and it was up to me to decide what to do.

"But it's easy to always have an excuse not to get started in something new and to procrastinate, and it just gets harder and harder to break the ice.

"I had mixed feelings initially, but it's been a great year, and I hope it continues this way."

EXPANDING THE CIRCLE

Strug admits that the beginning of college life was a major adjustment. This was largely because, since age three, her life had revolved solely around gymnasiums and the rigors of competition and training.

She recalls being six years old and wanting to grow up to be just like her idol, Mary Lou Retton. She was equally inspired by her older sister, Lisa, who is also a gymnast.

"I went into gymnastics not completely knowing what the sport entailed," Strug explains.

"But over time, I kept getting better, and then I'd want to spend even more time in the gym.

"If you're happy and you like what you do, you put more time and effort into it and you keep getting better—it's a cycle."

Strug thrived as a gymnast. She was a five-time World Championships team member and won three medals in World Championships competition. At age 14, Strug was the youngest American representing the United States at the 1992 Olympic Games in Barcelona.

But the same qualities that earned her success on the uneven parallel bars and



At the Fiesta Bowl in Phoenix, Kerri Strug celebrated the New Year with her friend and Beta Xi sister, Sunshine Smyth.

the vaulting horse—perfectionism and a high need for control—made the transition to college life difficult.

"I feel a lot more comfortable at UCLA now that I did last August," she admits.

"It was exciting and scary at the same time because I didn't have complete control. For the first time in my life, I didn't know where I was going.

"I had been in gymnastics and had a focus for so long, and this was the first time I was really expanding my horizons and leaving that circle.

"I had been so involved in myself that I hadn't been able to learn a lot about other people."

SISTERHOOD SMOOTHS THE TRANSITION

Some of the key people in her life today, says Strug, are her Theta sisters. Their friendship and support have helped bridge the gap between her life as a gymnast and her life as a collegian.

She pledged the chapter last fall through the continuous open bidding process and was initiated in January.

"I think it's important to find a group of people who have the same values that you do, and I knew that Theta was where I wanted to be," she says.

"Because of gymnastics and all of the

time I spent training and in the gym, I also felt I was behind socially. I thought Theta would be a good way to catch up and to move away from all of that."

It's not that the ties with fellow gymnasts weren't strong, Strug points out, but that competition was occasionally at odds with camaraderie.

"Gymnastics is basically an individual sport, and then, at the end, there's a team," she explains. "There are mixed feelings because you really want to do well yourself, but you realize that if the team does well, you'll benefit, too.

"Everyone is very competitive. But at the same time, since you spend so much time in the gym and those are the people you relate to, you have a special bond."

THETA MOMENTS ARE PRECIOUS

Strug hopes to form the same kinds of ties with Thetas, despite an ambitious schedule that puts sorority time at a premium. Currently enrolled in required courses but with an eye on a communications major, Strug is in class Monday through Thursday. She is also a volunteer assistant coach of UCLA's women's gymnastics team, noting with pride that the team recently won its first-ever national title.

Weekend commitments can range from a motivational speech in front of a

corporate audience to a special benefit performance for Children's Miracle Network or Special Olympics. Strug has also made television appearances on *Saturday Night Live* and *Touched By an Angel*.

"When I come back from the week-end, and it's been all business, and I haven't really had anyone my age to talk to, I know I can look forward to Monday night dinner and to telling my friends what went on and to finding out about their weekends," Strug says.

"It's just nice to know I have a support system. I'm really close to my family and when I was in gymnastics I just had a few friends I was very close to, so it's nice to feel that I have that again.

"This year has been pretty hectic, and I haven't gone to all the Theta events that I was hoping to," she admits, "But next year I plan to live in the house, so that will really make a difference."

DEVELOPING AS A ROLE MODEL

Due in large part to her celebrity status, Strug has many opportunities to "make a difference." She recently authored a book titled *Heart of Gold*, which encourages young people to follow their dreams.

"The circumstances in Atlanta put me in a situation to make a difference with young kids," Strug says. "I'm trying to be a role model for them like Mary Lou Retton was for me and to help promote the sport of gymnastics.

"These are the '90s, and there are a lot of bad things teenagers can get involved in. So I want to re-emphasize through my book and my speeches to younger kids that you need to set goals and be persistent. And, even though it's sounds like a cliché, if you follow your dreams, everything's possible."

ENJOYING THE BEST OF BOTH WORLDS

It's a message Strug says she heard repeatedly through her childhood. Her

parents—mother, Melanie, and father, Burt, a heart surgeon—stressed the importance of education to Strug and to her older sister, Lisa, a UCLA graduate, and brother, Kevin, a law school student at Tulane.

And as the lucrative offers for product endorsements and touring opportunities poured in after the '96 Olympics, Strug says it was the wisdom of her parents that helped her maintain her equilibrium.

"My parents insisted that I start school right away and live in the dorms and just act like a normal college student," she says.

"They helped me realize that all this fame can leave me just as fast as it came. And there are other areas of my life where I've set goals and have values, and education is one of them.

"Education can last me a lifetime, whereas the memories of Atlanta, who knows? That depends on other people, and I don't have control over that.

"I just think it was vital that I come to UCLA, and I feel I have the best of both worlds. During the week I can just be like anyone else and have a fun, normal college experience, and then on the weekends, I can do special things that may not be here forever."

THE LIGHTER SIDE OF GYMNASTICS

Gymnastics, the sport that has made these once-in-a-lifetime experiences possible, may or may not have a big role in her future.

Due to years of rigorous training and frequent injuries, a gymnast's athletic career typically peaks at age 15 or 16. Strug's feat of competing in two Olympics is considered remarkable for a gymnast. Unfortunately, her injuries—several sprained ankles, neck injuries, torn ligaments, and ripped stomach muscles—are considered typical.

"The sport is changing now, and they're trying to focus more on

women's gymnastics rather than on little girls'," says Strug. "So there are a lot of things in my favor. They eliminated the compulsory exercise and raised the age requirement, so even the next Olympics might be a possibility for me.

"But training takes eight hours a day, seven days a week, so the things I'm doing now would have to stop. And I don't know if I'm willing to give them up.

"I'm going to have to quit gymnastics at some point, and I just think I need to focus on other areas of my life because I want to be a well-rounded person, not just a good gymnast."

Workouts are more relaxed, Strug says, and she's discovering the gentler side of gymnastics.

"I stay in shape for shows and tours, but nothing like before," she says.

"I'm having fun with my sport. We're trying to do what figure skating has done and have a professional circuit. It's not like a fierce competition; we just get to wear costumes and perform to music. It's more artistic and more of a show than a competition."

In addition to numerous gymnastics events this summer, Strug is taking a session of summer school. Among her classes is a judging course for gymnastics, which she sees as a step toward a possible career in sports broadcasting.

The options are wide open. The key, says Strug, is to savor the moments and to enjoy the rewards of decisions well made.

"I've heard that the friends I make here in college and at Theta will last a lifetime. Everyone tells me to take advantage of this time—that it's the best time in my life.

"Right now I'm just exploring all my options, and I'm really enjoying everything.

"I think everything happens for a reason, and, obviously, I've had discouragements and disappointments at times. But in the end, everything has worked out great."

KERRI STRUG: A GLIMPSE OF GOLD

1996 Olympic Gold Medalist
1995 World Championships Bronze Medalist

1994 Team World Championships Silver Medalist
1993 World Championships Event Finalist

1992 Olympic Bronze Medalist
1992 World Championships Event Finalist
1991 World Championships Silver Medalist

Hometown: Tucson, Ariz. • Favorite event/apparatus: Floor exercise and uneven bars
• Hobbies: Reading, shopping, spending time with family and friends •



Thank You, Volunteers

Congratulations to the following permanent alumnae secretaries and state/province chairmen who recently received awards for service.

A permanent alumnae secretary (PAS) maintains records of all initiated members of a given chapter, while a state/province chairman (SC) maintains records of all initiated members living within her given area. In this way, these officers of the Fraternity help ensure that each alumna remains in touch with Kappa Alpha Theta.

State/Province Chairmen

20 YEARS

Janet Thomas Pattinson,
Canada: Alberta, Manitoba,
Saskatchewan (*retiring*)

Elizabeth Nolte Hartman, Missouri

15 YEARS

Jacqueline Hepper Chaussee, California

Louise Wetstein Simpson, Michigan

10 YEARS

Shirley Park Deane, Kentucky

5 YEARS

Ellomae Holden Demond,
Washington (East)

Permanent Alumnae Secretaries

30 YEARS

Jean Ross Graham, BE/Oregon State

Elaine Lossman Ivie, BO/Iowa

25 YEARS

Jane Chadwell Delony, AH/Vanderbilt

Suzanne Snipes Schradle, Y/Minnesota

Kathleen Burke Anthony,
ΓO/New Mexico

15 YEARS

Leslie Schmidt Williams,
BN/Florida State

Elizabeth Ayscue Katz,
ΔP/South Florida

Jennifer Ely Garvey, EH/Centre College

10 YEARS

Betsy Traylor Stewart, B/Indiana

Christine A. Miller, I/Cornell

Elizabeth Pollock Chapel, O/USC

Judy Sherwin Andersen,
BΓ/Colorado State

Sandra Blymer Cross, BK/Drake

Nancy Gupton Aitken,
BΩ/Colorado College

Patti-Ann Lassinger Kanterman,
ΓΘ/Carnegie-Mellon

Bob Anne McMullan Senter, EE/Baylor

Kathleen Fetzer Caggiano,
EE/Villanova

Lucy A. Neusch, EP/Lehigh

Christine Jamgochian Koobation,
EY/Columbia

5 YEARS

Barbara Gellhaus Feightner,
ΓΔ/Ohio Wesleyan

Mary Beth Cowardin, AΓ/Ohio State

Kimberly Hardwick Carney,
ΓΩ/Auburn

Marilyn Joan Miller, ΔE/Arizona State

Christine Ferrier Vogel, EΨ/Richmond

Constance Cook Billett, ZZ/Colgate

Christy Tinnies, ZK/South Carolina

Melissa Chang, ZM/MIT

Chapters needing permanent alumnae secretaries: Σ/Toronto, AK/Adelphi, BT/SMU, BI/Colorado, ΓΔ/Georgia, ΔI/Puget Sound, ΔO/Alabama, ΔΣ/Ball State, ΔΩ/Texas A&M, ΔX/Virginia, EΠI/Bucknell, EΘ/Stetson, ZI/Washington & Lee, ZΦ/Pepperdine.



KΑΘ Awards Scholarships!

More than \$250,000 is available in undergraduate & graduate scholarships.
For more information or to request an application, please call:

1-888-526-1870, ext. 336, or
E-mail jeni@thetahq.org

In 1997, Kappa Alpha Theta completed its first-ever world tour. "World Tour" refers to the theme of the 1997 Regional Leadership Conferences (RLCs), which were scheduled in place of a national leadership conference.

These innovative conferences were held at eight regional sites all over the country. Multiple conferences at centrally located cities gave college chapter officers and members, advisory board members, and facility corporation board members access to timely leadership training with little inconvenience and low cost.

Training at the RLCs focused on leadership skills, Fraternity programming, and campus relations. Workshops included risk management, member development, member education, Greek issues, chapter operations, and leadership. Time for idea exchanges and like-officer discussions was also included. All-day tracks for rush, finance, and facility corporations featured intensive training on complex issues.

More than 900 Thetas attended the conferences. Grand Council members, college district presidents, facility corporation members, and staff served as conference coordinators and workshop facilitators.

CINCINNATI CELEBRATION

by Julie Ruffolo, A/DePauw

Skyline Chili, the Reds, WKRP, and a stop on the 1997 Theta World Tour!

Cincinnati, Ohio, was a wonderful host city to a Regional Leadership Conference the weekend of February 21 to 23. This conference was one of four held that weekend and can boast of having the greatest number of participants.

Approximately 170 Thetas representing 22 college chapters traveled to this destination on the World Tour. Tour guides for this conference included Barbara Willman, vice-president college; Kelley Hurst, director of chapter services; Patti Westernman, membership regional director; Stephenie Hopkins and Kristin Dobbs, educational leadership consultants; Julie Ruffolo, Jenifer

THETA CONCLUDES FIRST 'WORLD TOUR'



Tarter,

Kim

Brant, and

Nancy Davis, col-

lege district presidents; and Mary Ellen Fitzsimonds, Education Committee member. Erin Kern and the other Theta alumnae in the area were very helpful on-site.

The conference opened on Friday evening. After the group heard all about the itinerary for the weekend, district meetings were held.

Saturday was a busy day of workshops, breakout sessions, and idea sharing. Several collegians commented that the best part of the trip was getting to talk with members of other chapters at the Saturday sessions. Chapter leaders from all over began to realize they are facing the same challenges; they spent time brainstorming solutions together.

The high point of the weekend was the banquet dinner on Saturday night, which was complete with a rendition of "Theta Kite" sung by members of the Alpha Chapter at DePauw and the Epsilon Phi Chapter at Chicago. Special awards were distributed at the end of the dinner to each chapter present. Nu Chapter at Hanover won for having the greatest number of participants at the conference, while Gamma Iota at Kentucky won for the greatest number

of collegians present. There were four chapters who could claim the number-one spot in scholarship on their campuses: Alpha Chi at Purdue, Delta Upsilon at Eastern Kentucky, Delta Sigma at Ball State, and Beta at Indiana. Sandra Smith was honored for 14 years of service to Theta, and Fran Stewart was honored for 25 years.

After dinner, Barbara Willman facilitated an

open-mike session above the noise from the dance party going on next door! At this session, collegians and alumnae raised questions regarding risk management, the election process, and chapter diversity. Amanda Kaiser, vice-president at Psi Chapter at Wisconsin, wowed the group with her suggestions for a successful nominating committee.

The conference concluded on Sunday, and this RLC was deemed a successful tour by all its visitors.

A BRILLIANT CONCEPT

by Zita Enloe, ΓΦ/Texas Tech

The Regional Leadership Conferences turned out to be a brilliant concept! In the past, an international Leadership Conference was held every other year. Chapter officers would attend the conference and be halfway through their terms of office before benefiting from the information and programming. And with a summer conference, much of the information and enthusiasm had faded by the time officers returned to their chapters in the fall.

Not so with the regional formats in January and February. What you had was a fresh slate of officers enthusiastic to serve their chapters and eager to perform. With the January/February time frame, these new officers were trained properly from the onset and were anxious to take these ideas and programs back to their chapters. What's refreshing about this new format is that these new, enthusiastic officers responded like sponges—soaking in everything they possibly could.

I was privileged to participate in two Regional Conferences, Dallas and

Kansas City, Kan., and found them quite inspiring. It was obvious the collegians wanted to be there. But more inspiring yet was their spirit and zest to learn, their passion and fervor to improve themselves and their chapters. They absorbed every word, every tip

from Helen Woodward, Fraternity president; Betsy Sierk, director of finance; Carol Larsen, director of extension; Pat Miles and Mary Galloway, college district presidents; Mary Jane Beach, finance regional director; and many others. And their appreciation and gratitude were compelling.

The Kansas City RLC offered a nice balance of programming mixed with fun. Helen Woodward's idea of a T-shirt exchange at the luncheon on Saturday was an overwhelming hit. And to foster that spirit of interchange, chapters willingly and excitedly shared chapter songs during the Saturday night banquet and after.

The attitude, the environment, and the obvious accomplishment is what made it special for me as a contributing volunteer. Kudos to Theta for staging such a positive and productive event.

UNPREDICTABLE PORTLAND

by George Shannon Maddox, AΞ/Oregon

The Regional Leadership Conference in Portland, Ore., proved that you can't predict anything. The weather was gorgeous—you could clearly view the snow-capped peak of Mount Hood to the east, what is left of Mount St. Helens glistening in the sun to the north, and the sailing enthusiasts and windsurfer maniacs on the Columbia River. The participants were collegians



Chapter presidents Jen Johnson, Y/Upsilon, and Sarah Claypool, BO/Iowa, exchanged T-shirts in Kansas City. (right) A strong showing of Thetas from the Epsilon Zeta Chapter at University of Mississippi attended the conference in Atlanta: front Kara Keller, Tricia Hood, advisor, and Heather Kinsbury; back Jennifer Poissot, Anna Gambell, Amy Travillo and Andrea Smith.



eager to share ideas, knowledge, and those ever-present challenges with one another and the resourceful facilitators. The fun was constant, from rush songs and skits to stories about chapter life (both past and present, thanks to the active alumnae) to the potential for future communication between those who shared the World Tour in Portland.

Our truly international meeting began for college chapter participants from Alberta, Canada, and the states of Washington, Oregon, and Nevada with a seemingly effortless registration, thanks to the organizational efforts of Eliza Williams, Portland Alumnae Chapter president; Linda Erickson, alumnae district president; Mindy Young, staff representative; and members of the Portland Alumnae Chapter.

Enthusiasm spread as we dove into our educational sessions. From risk management to membership selection to member orientation to finance, we were expertly represented by talented Theta experts Julie Landwehr and Susan Webb, college district presidents; Frances Sewell, finance regional director (who knew that finance could be such fun?); Becky Muller, membership regional director (more and more terrific ideas for rush); and Carol McLaughlin, educational leadership consultant.

The luncheon was understandably lively as officers shared programming ideas

with one another. Our dinner banquet highlight was the thoughtful and sincere message shared by Peggy Jo Coker, vice-president membership. Her thoughts and feelings about her membership in Kappa Alpha Theta, our Fraternity's historical beginnings, and our ritual set the stage for an inspiring ritual presentation the following morning.

Saturday evening inspiration was supplemented by program-specific questions from our attentive collegians at our open-mike gathering. The packed room was rocking as rush songs and party plans were shared. In typical Theta fashion, humor and camaraderie prevailed for all participants.

Comments such as, "This was great—getting to meet Thetas from around the region," "Can't we make the RLC longer so we can share more ideas with our sisters," and "We'll budget more money to send lots of members from our chapter next year" indicated the success of the Portland RLC and the concept of Regional Leadership Conferences.

Nothing warms the heart of a volunteer more than gleaning energy from talented collegians. The future of our Fraternity looks bright as indicated by these intelligent, thoughtful, and enthusiastic chapter leaders. Many thanks to all of the enthusiastic participants and steadfast facilitators for contributing to the success of Portland's 1997 RLC. ■

The River Roars Spring Floods Hit the Red River Valley

Spring roared into the Red River Valley in northwestern Minnesota and eastern North Dakota in April, capturing the attention of the nation as flood waters threatened to sweep away homes, farms, and businesses.

Straddling the North Dakota/Minnesota border, the Red River normally flows gently north from its beginning near Wahpeton, ND, and Breckenridge, Minn., to Lake Winnipeg in Canada. Fueled by record-breaking snowfalls during the winter of 1996-97, flood waters crested at all-time highs up and down the river corridor.

At Wahpeton, the Red River crested at 19.2 feet; flood stage is 10 feet. Much of neighboring Breckenridge was overrun by water. At Fargo, the Red reached an all-time high of 39.5 feet; flood stage is normally 17 feet. And upstream the Red swallowed the communities of Grand Forks, ND, and East Grand Forks, Minn., with an unofficial crest of 54 feet, about 26 feet above flood level.

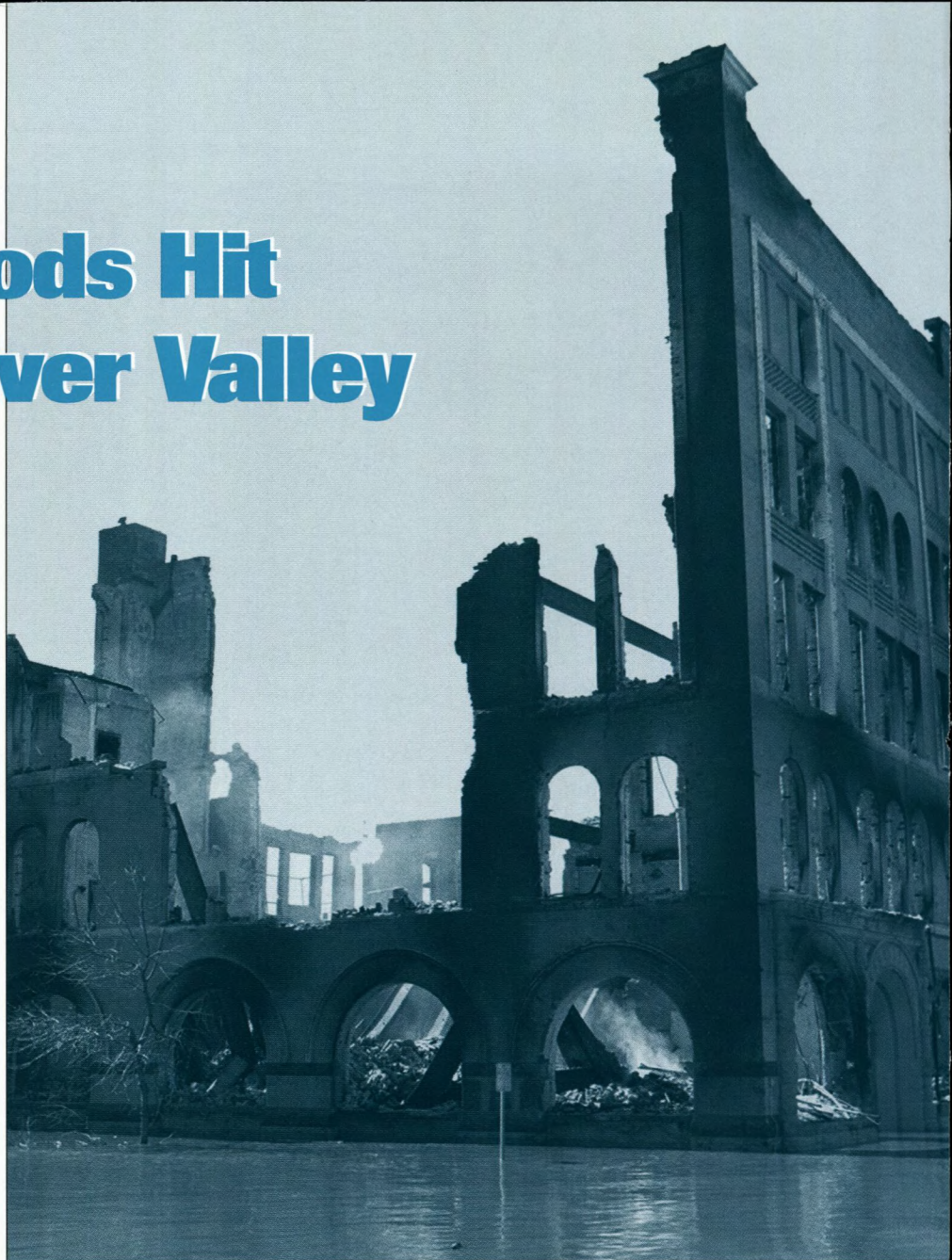
As communities along the Red River prepared to fend off the flood waters, Thetas and Theta families joined fellow citizens in the battle. From sandbagging to making sandwiches, volunteers pitched in to get the job done. Friends helped friends, neighbors helped neighbors, and strangers helped strangers build dikes, elevate belongings, tend pumps, and prepare food for the volunteers.

Suzanne Leininger Beithon, Rho/Nebraska, of Wahpeton, recalls watching the river rise in early April. "It was scary. It's a feeling you can't even describe."

Many homes in Wahpeton filled with water, but hardest hit was Breckenridge, where water overran large areas of the community.

Meanwhile, people in the upstream communities of Fargo, ND, and

By Renee Johnson,
ATI/North Dakota



Grand Forks, N.D., was one the communities hit hardest by floods in the spring of 1997. A fire destroyed several historic downtown buildings when firefighting efforts were hampered by the flood waters.

Moorhead, Minn., took note of the flood situation in Wahpeton and worked earnestly fortifying dikes along the Red. A paralyzing ice storm and blizzard hampered the efforts of city crews and sandbagging volunteers. Countless outlying communities and rural residents around Fargo-Moorhead were without electricity when hundreds of power poles snapped under icy rain.

Lisa Rieniets Montplaisir, Gamma Nu/North Dakota State, was one of the rural residents left without power. She and her two-week-old son, Matthew, moved to West Fargo to stay with family while her husband spent the six days before power was restored hand-bailing

water and using gasoline generators to keep water out of their basement and the earthen dike ringing their community.

Power company crews faced bitter cold and rapidly rising flood waters as they fought to return power to the countryside. Once power was restored, flood waters kept Montplaisir from returning home for 17 days. Despite water keeping all but boats from access to the community for a few days, the ring dike held. "We were very lucky," Montplaisir says. "That dike saved us."

As the blizzard ended, area leaders and volunteer redoubled their efforts to protect their cities. Colleges and high schools sent students out to help fill sandbags and

fortify dikes. Businesses ran with skeleton crews to allow as many employees as possible to join in the effort. As the crest projections continued to rise, volunteers worked heroically. City officials estimate that volunteers filled and slung 3.5 million sandbags in Fargo and 452,000 sandbags in Moorhead.

Thetas from the Gamma Nu Chapter at North Dakota State in Fargo pitched in to toss sandbags, fill sandbags, and support the city's flood-fighting efforts. Mary Ringey, Gamma Nu/North Dakota State, drove a food wagon for the Salvation Army. She was near Fargo's 40-foot downtown dike when a leak was discovered. The city called for 300 volunteers at 2:30 AM. Ringey called the Theta house to rouse volunteers, and the Thetas called other Greek houses and mobilized about 50 volunteers in minutes. The volunteers succeeded in shoring up the dike.

Thetas and Sigma Chi also answered a call for help at the south Fargo river-side home of Meloney Lakoduk Taylor, Gamma Nu/North Dakota State. The Taylors had estimated they would use about 3,000 sandbags to protect their home from the Red River. "We ended up using close to 20,000 sandbags!" Taylor reports.

Summing up the three weeks of frantic but successful flood fighting, Taylor says, "They were extremely stressful. We really have respect for Mother Nature now."

Upstream, other communities were less fortunate than Fargo and Moorhead. The Red River consumed the communities of Grand Forks and East Grand Forks, breaching and overrunning the city dikes, inundating both communities. Nearly all of the 50,000 residents of Grand Forks and the 9,000 residents of East Grand Forks were forced to evacuate, many with little more than the clothes they were wearing. With flood stage typically at 28 feet, the Red in the Grand Forks area rose to 54 feet.

Adding to the disaster, several buildings in historic downtown Grand Forks burned while frustrated firefighters were unable to battle the blaze due to the dangerous swirling flood waters. The majority of homes and the city's infrastructure, including water and sanitary systems, were damaged. The semester was declared over for the 11,000 students at the University of North Dakota.

Members of the Alpha Pi Chapter were among those fleeing the city as flood waters ran through city streets. Darci Hertel, Alpha Pi/North Dakota, was one of several Thetas allowed to return to the chapter house on April 28 for the first time since the April 18 evacuation. Hertel, who relocated to a family home in Fargo, estimated that river water reached a depth of about eight feet in the basement of the chapter house.

Chapter members had prepared for the flood by plugging all drains and taking some items, like computers, out of the basement. Other items were moved about five feet off the floor. "We thought we were ready," Hertel says. Drowned in water were the chapter's archives, furnace, water heater, pantry of food, and all the furnishings from the chapter room.

With the campus closed and the semester ended, there will be no graduation ceremony for Hertel, a senior. Recalling the message to evacuate, Hertel says it was "... unbelievable. We had to leave and didn't have a chance to say goodbye to a lot of people."

Current Alpha Pi President Kari Oderman saluted her fellow Thetas for their flood-fighting efforts in the struggle to keep Grand Forks dry. Recalling the days before the dikes were breached, Oderman says, "It was like a movie; it was surreal. We sandbagged, and there were helicopters flying over at all hours and sirens going off so you knew they were evacuating another section of town. We didn't shower because everyone was trying to conserve water." When the city water plant was contaminated, Oderman says, "It was finally dawning on us that we'd have to leave. We knew if no one could drink the water, no one could stay in town."

The University of North Dakota sustained severe flood damage throughout the campus. Of the 238 buildings, 73 were flooded. Nearly 70 miles of steam, water, electrical, telecommunications, and sewer system tunnels were inundated. Damage estimates are predicted to reach \$100 million or more.

As the Red River subsided, citizens of the valley began

cleaning up the debris and picking up the pieces of their lives. For some, clean-up meant carting hundreds of thousands of sandbags out to the street for city crews to remove. Others faced the chore of replacing sheetrock and carpeting. Some faced the tragedy of homes shifted off foundations or with collapsed basements.

The adrenaline rush of the frantic, critical moments of the flood fight was replaced by weariness in the face of the tedious recovery. The silt and sludge deposited by the river mixed at times with gasoline, fuel oil, and sewage. Mud, dried by balmy spring weather and cracked like dry skin, coated everything. The once feared rain was welcomed for its cleansing waters.

With entire homes and businesses destroyed, some Red River Valley residents faced the very basics of starting over: where to live, where to work, and how to pay for life's necessities. Government officials and agencies continue to calculate the proportions of the disaster, staggering amounts that won't be completely tallied for months to come.

Editor's note:

If you are interested in making a tax-deductible donation to benefit members of the Alpha Pi Chapter and their respective families, these can be made directly through the Kappa Alpha Theta Friendship Fund. Please make checks payable to the Kappa Alpha Theta Foundation and mail them to 8740 Founders Rd., Indianapolis, IN 46268. Please designate "Friendship Fund" on your check.

If you would like to make a donation that directly benefits the physical house structure and repairs, non-tax-deductible donations can be made to the Alpha Pi Facility Corporation. Please make checks payable to The Alpha Pi Facility Corporation and mail them c/o Betsy Sierk to 8740 Founders Rd., Indianapolis, IN 46268. ■

Members of North Dakota's Greek community slung over 3.5 million sandbags in Grand Forks, ND.



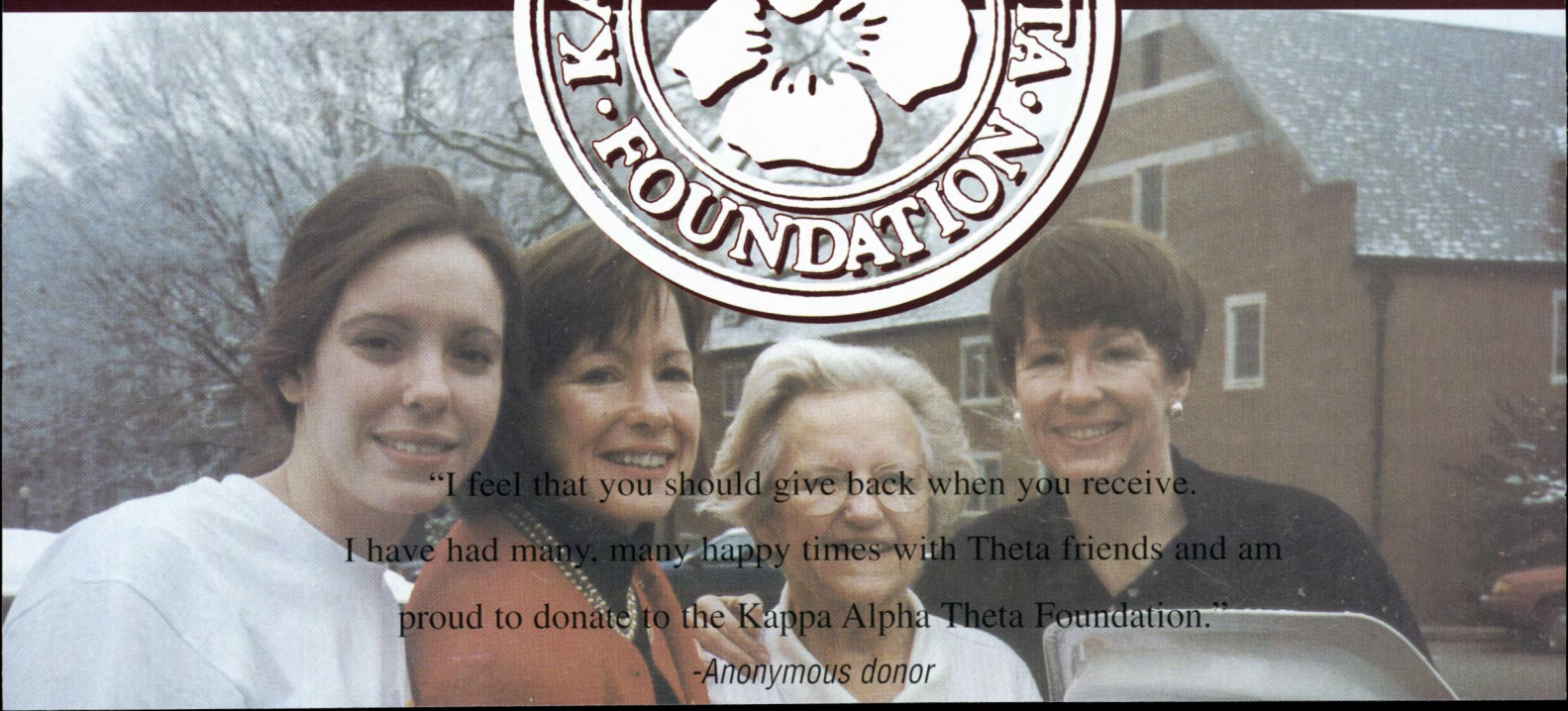


“Through this tragedy, we would like to see some good come from such an unspeakable loss. Joni’s family has taken great comfort in knowing that Joni’s memory will live on through this award.”

-ΓΙ/Kentucky members Sharon Hamilton Betts, Sallie Bellamy Cunningham, and DeeDee Peege Lee (not pictured) established the Joan Wagner Essex scholarship fund in memory of Joni Wagner.

“In 1924, the Syracuse Alumnae Club felt the need to establish a fund which would help sisters during difficult financial times. We brought the issue before the voting body at the 1924 Grand Convention, where the Friendship Fund had its beginning. I’ve been a Theta for a long, long time and am very happy to support my sisters in any way I can.”

-Rachel Poole, X/Syracuse



“I feel that you should give back when you receive. I have had many, many happy times with Theta friends and am proud to donate to the Kappa Alpha Theta Foundation.”

-Anonymous donor

Oklahoma Bed and Breakfast Has Theta Ties

Each gem of memorabilia highlighting guest rooms at the Montford Inn Bed and Breakfast in the campus town of Norman, Okla., has plenty to say. From the framed Kappa Alpha Theta initiation card dated September 27, 1910, in the Alma Mater room to the genuine Kiowa Chief eagle feather headdress adorning the upstairs stairwell, the heritage of the innkeepers and the inn come to life in an atmosphere that feels like home.

Phyllis Murray, Alpha Omicron/Oklahoma, her husband Ron, and their son William are the innkeepers and owners of the Montford Inn. They are dedicated to the highest standard in quality of service and hospitality, and it shows.

The Montford Inn Bed and Breakfast was named one of the Top Ten Outstanding New Inns in the United States for 1995 by Inn Marketing Association. It is featured in Sandra Soule's *America's Wonderful Little Hotels and Inns* and in *Fodors 1997 USA, The Complete Guide to the Best of Everything* as one of only three lodging facilities in Oklahoma receiving its Special Recommendation.

"One of our guests called us the jewel in the middle of the country," Phyllis Murray recounts.

Constructed in 1994, the Montford Inn beautifully blends the warmth of home and the charm of the Murray's hospitality with the conveniences of modern day. "Our 10 guest rooms and two cottage suites have private baths, fireplaces, discrete cable televisions, telephones, ceiling fans, and built-in closets. And a vase full of fresh flowers always welcomes guests to their rooms," explains Murray.

Although each guest room has a distinguishing style, one icon remains consistent: the pansy. From the moment a guest arrives at the Montford Inn, it is apparent that the pansy is alive and well at this bed and breakfast. From pansies in the flower garden surrounding the circular drive to the pansies as a part of the Inn's

logo, these colorful flowers show their shining faces throughout a guest's stay in a variety of ways.

A pansy flag is one of the six flags flying over the Montford Inn porch. Pansies are etched in the concrete sidewalks. Pansies are served with breakfast and salads. Whether featured in a book, silk flower arrangement, painting, quilt, or a thank-you card framed on the wall, pansies have their own well-defined place at the Montford Inn. Murray says that Theta friends, guests, and other innkeepers help perpetuate the Inn's collection of pansies.

Murray's tie to Theta is much stronger than merely pansies. Her love of the University of Oklahoma and Theta began when her great-grandfather Johnson built his home across the street from the university so his eight children could be close to the campus. The university bought the Johnson home, which was the site for the School of Music. And the Alpha Omicron Chapter house was built on land which was part of the Johnson farm.

Ina Johnson Kidd, Murray's grandmother, joined a local sorority which petitioned Kappa Alpha Theta for membership. When the charter was granted in 1909, Alpha Omicron became Theta's twenty-ninth chapter.

Joining Theta in Kidd's footsteps were two of her sisters, Froma Johnson Johnson and Arline Johnson LeFlore, and her daughter, Mary Lelia Kidd Holmes. Froma Johnson was Alpha Omicron's first Permanent Alumnae Secretary, and LeFlore celebrated 75 years in Theta in 1993.

Mary Holmes was married in the Alpha Omicron Chapter house in 1934 and later became Phyllis Murray's mother. Since Murray has two boys herself, she shares her love of Theta with her great-aunt, sister, and five cousins. Three nieces are also part of the Johnson



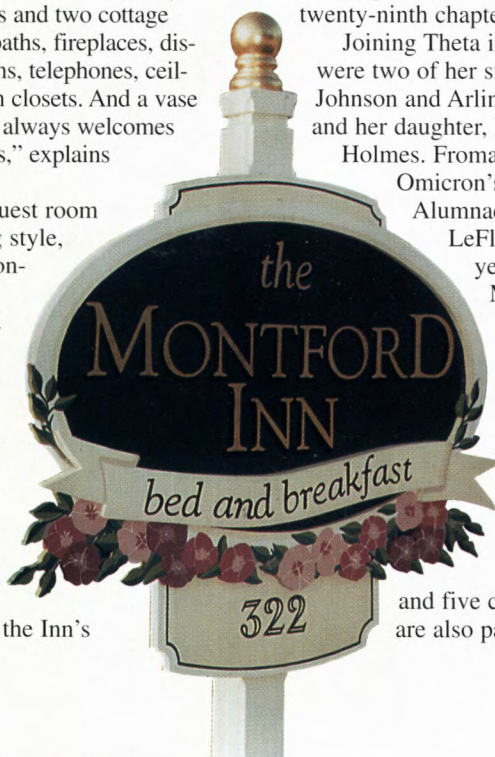
Theta family. It is this type of connection to tradition, history, and family that serves as a backdrop for the Montford Inn.

"We want people to feel at home and love the Montford Inn as much as we love it," says Murray. "When guests walk in, we want them to feel like they've walked into something that has been here forever and that they want to be a part of. We want the Montford Inn to be just like coming home."

The Murrys believe in the Montford Inn and the bed and breakfast industry. Their association work includes helping found the Oklahoma Bed and Breakfast Association, as well as selection as members of the Independent Innkeepers Association, the oldest and most prestigious innkeeping association in North America and the United Kingdom.

The future of the Montford Inn includes adding pansies and years to the Montford Inn's history. When the gems of memorabilia speak to future guests and generations, they can express warmth, hospitality, a mix of Oklahoma and university history, and a strong sense of Kappa Alpha Theta.

By Tamara Ferguson Hermen,
AO/Oklahoma,
& Betsy Douglass White,
AO/Oklahoma



jill bauer

america's personal shopper



Everyday, people around the country invite Jill Bauer into their homes. What does she do there? She takes them shopping. Jill Bauer, Alpha Mu/Missouri, is a host on the very popular QVC Home Shopping Channel.

I remember one sleepless night in front of the television. I had a choice between watching *Nick at Nite* or a woman selling a beautiful white canopy bed on QVC. The bed was draped with chiffon and was decorated with an Irish quilt and pillows. After seeing the preview of upcoming items, an imported sterling silver Irish Claddagh ring in particular, I was hooked.

As I watched the program, the face and voice of the host seemed more and more familiar. To my surprise, the woman on TV appeared to be a Theta sister of mine from the University of Missouri-Columbia. *Is that Jill?* I wondered. At that moment, she said, "Hi, this is Jill. Thanks for calling QVC!"

Jill Bauer received her degree in journalism from the University of Missouri. After graduation, a job in television producing took her to Lafayette, Ind. When she wasn't producing, she had the opportunity to anchor part time. Television anchoring was not new to her. In college, she had been a newscaster on a local station in Columbia, Mo. But after four years in Lafayette, Bauer began to question whether the heavy drama of news broadcasting was the right career path for her.

Then, while flipping through the channels one day, she landed on QVC. *Hey, I could do this*, she thought. *I can shop, and I can talk. This is just talking about shopping.* Bauer looked into what it would take to become a

QVC host. The first step was simply to send a portrait photograph and a résumé to the network's offices in West Chester, Penn. She later learned that she was only one of 500 people who were seeking the same goal at the same time!

From this pool of candidates, the executives at the home office invited Bauer and nearly 200 other people for in-studio auditions. That was the good news. The bad news was that she would be responsible for her own expenses. Bauer was still working in Lafayette, and she wasn't making a lot of money as a reporter. She was faced with the risk of spending close to \$1000 on plane fare and other expenses, knowing that the odds were not good that she would get a job at QVC. But this opportunity was important to her, and she made the commitment.

Imagine her emotions when she was given just four short minutes to sell herself to a panel of judges. For two minutes she talked about a particular product for sale, and for two minutes she talked about herself. She returned home wondering if she had made a strong enough impression to make the next round of auditions.

She did. Bauer was one of just twelve people invited back for in-depth interviews. This time, QVC flew her to West Chester, and she began to feel as though she had a good chance of being selected for the one available host position. She recalls standing in the lobby sizing up her competition and feeling confident ... until the last candidate arrived. "In walked this girl, about five feet, 10 inches tall, all legs, and

Photo: Jill Bauer, AM/Missouri, has been a host on QVC Home Shopping Channel for three years.

by Sherry Koftan,
AM/Missouri

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Ad(s) to run in this issue of *The Magazine*
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Spring Summer Autumn Winter

Ads are limited to 35 words each.

No. of ads _____ x \$35 each x

no. of issues _____ = \$ _____

Please type or print ad message, attach to this form, and submit along with your payment check to the editor. *Copy deadline dates are listed on page 2.*

Jill Bauer, *continued*

wearing a great suit. I sank down in my chair and thought, *I've had it.*"

During this round of interviews, the candidates auditioned in front of one another. Bauer felt very natural in front of the camera, and the day went well for her, but she could see that the day went at least as well for the "other woman." The "other woman" was very smooth, she apparently knew one of the QVC hosts, and—as if that weren't enough—she had been a host on another home shopping channel. When the final cut was announced, the other woman was selected. But Bauer was selected too!

The two women were flown to West Chester again, and they both spent the day interviewing with ten different people at QVC. After the interviews, Bauer returned to her job in Lafayette and waited for a decision.

Four agonizing months passed with no word. Then Bauer received the phone call she had dreaded. They had hired the other woman. Bauer's age was cited as the determining factor: she was only 24 years old, and no one that young had ever been hired as a host.

Then, six months later, Bauer received another call from QVC. They realized they had made a mistake and wondered if she would still be interested in a job as

a host. She was immediately flown back to West Chester and, after another round of auditions, was offered the position as the youngest QVC host ever.

After nearly a year of perseverance, Bauer's first day on camera was only five minutes long! She recalls talking nonstop, not even taking a breath. Despite her extensive on-air experience, she needed to go to a speech coach to learn new techniques. She soon developed a gracious, informative style that has enable her to succeed as a host for the past three years.

She now works four to five days a week, and she's on the air for two to four hours straight each day. When she arrives at the studio, she familiarizes herself with the products she'll be selling that day. Hair and makeup is the next step in preparation to go on-air. The appearance of her fingernails is very important because her hands are often shown modeling jewelry or holding other products. Bauer also finds time each day to answer her viewer mail and then sprints off to various meetings.

Bauer's product knowledge has been significantly enhanced because QVC has provided her with many exciting opportunities to travel. She was in London recently for 10 weeks on an exchange program, and she has also


traveled to Italy, Ireland, and France. Her next trip will be to Germany, where she will visit the new QVC site. Each of these trips includes numerous visits to see where the products she sells are made. These opportunities help her appreciate the craftsmanship in each piece, and they enable her to share her personal experiences with her viewers. These insights are valuable tools for a QVC host.

Sometimes the inventors of different products will join QVC hosts on-air to talk about their inventions, and celebrities often endorse products, as well. Bauer has worked with Troy Aikman, Richard Simmons, Dean Cane, Terri Hatcher, and Susan Lucci. Her favorites were Joan Rivers and Magic Johnson.

She's not sure what the future holds for her, but she feels very fortunate that her career has developed the way it has. She started out working long hours and was barely able to pay the bills, but she didn't give up on herself. Now she's doing what she loves. "I'm grateful for where I am now, and I'll never forget where I came from."

When our interview was over, I thanked Jill for her time. She glanced at my hand. "Nice ring," she said.

"Thanks." I laughed. "I bought it from you."



On a recent Wednesday morning, Karen Langland Himle, Rho/Nebraska, was conducting a business meeting. Her office telephone was at her elbow because she was waiting for a call from her ill daughter's pediatrician. And she had been so busy that her voice-mail greeting was still telling callers that it was Monday.

Himle is vice-president of corporate affairs for The St. Paul Companies, an international insurance firm. As such, she oversees public relations, communications, media relations, corporate marketing, and advertising functions. Himle also serves as the chairman of the St. Paul Area Chamber of Commerce, is a member of the Board of Trustees of William Mitchell College of Law, and is the 1997 St. Paul Chairman of the WAMSO Symphony Ball. "I probably sound like an ideal candidate for an article on stress management!" she says, with a laugh.

Angela Chamness Merk, Nu/Hanover, is staying at home with her two-and-a-half-year-old daughter and awaiting the birth of her second child. At the moment, she says, the stress in her life comes from the challenges of dealing with an independent and strong-minded toddler. "But it's going to be totally different to

in a jousting match. They interrupt digestion, put sensory nerves on full alert, squeeze the arteries, and churn the heart, moving blood into the muscles. Yet research shows that if every unfamiliar situation or petty hassle touches off this battlefield response, we may risk our mental and physical well-being.

Physical manifestations of unrelieved stress can include headaches, digestive disorders, fatigue, weakness, dizziness, chest or back pain, asthma, and skin disorders. Emotional and mental symptoms may include anxiety, depression, anger, impatience, irritability, disturbed sleep patterns, and inappropriate behaviors. And the long-term effects of these symptoms may have dire consequences, says Dr. Georgia Witkin, author of *The Female Stress Syndrome*.

In addition, Julie Steck points out, stress can lead women to problems with drugs and alcohol as we try to self-medicate ourselves.

Acceptance & Control

It's obvious that stress is bad for us, and it's also obvious that we all have stress in our lives. What can we do to eliminate stress and its bad effects?

De-Stressing Life

manage with two. I won't be able to plan anything more than an hour ahead."

Mary Ann Johnston Graf, Alpha Omega/Pittsburgh, has owned and operated The Priory, which is a European-style hotel in Pittsburgh, for 11 years. She recently opened a meeting facility—Pittsburgh's Grand Hall—adjacent to the inn. Graf describes running a hotel as a very hands-on, personal endeavor. "For years, I checked every bathroom floor and under every bed on my hands and knees," she admits.

Busy, Busy, Busy

Like most women today, these three Thetas lead busy and multifaceted lives. "Many women have two jobs, and the second one begins when they get home," says psychotherapist Donna Pickerill Zierdt, Alpha Chi/Purdue.

In fact, women are more than twice as likely as men to hold stressful jobs. Then there are kids, school, cooking, cleaning, parents, significant others, and ... ourselves. "We're trying to do too much," explains psychologist Julie Steck, Beta Sigma/SMU. "As women, we tend to try to do everything and be everything to everybody."

Battlefield Response

As we strive to meet the needs of children, spouses, employers, and communities, we are subject to tension and strain. During tense situations (or under the continuous assault of milder pressures), our bodies produce excess levels of fight-or-flight hormones. These chemicals are critical to our survival if we're arctic explorers evading hungry polar bears or medieval knights

The answer to that question isn't as clear-cut as we might like. We must accept that there are many things over which we have almost no control, and that means that virtually everything in life is potentially stressful. But if it isn't possible to eliminate stress from our lives, it is possible to control our reactions to events and situations. "We have far more control over our attitudes and expectations than we realize," says Donna Zierdt.

"In my practice, I see a fair number of female physicians. They work incredibly long hours, and they have families. That's an awful lot of responsibility.

"We need to look at our attitudes and expectations and examine some of the rules we grew up with."

Time Out

A 1995 *Newsweek* poll on quality of life issues found that 51 percent would accept a lower income for more free time. Many professionals, especially married women, are changing careers or working fewer hours in order to reduce stress and improve their lives.

Both Zierdt and Steck have chosen to modify their work schedules in order to have more time for themselves and their families. By scheduling patient appointments on three or four days per week, Steck is able to use one work day to catch up on paperwork and other administrative details. "This gives me weekends and evenings with my family," she says.

For many women, of course, reducing the number of hours worked simply isn't feasible. Instead, Zierdt suggests making an effort to leave work problems at work and developing a full, satisfying life outside of the workplace.

Both Mary Ann Graf and Karen Himle rely on weekend and summer getaways to relieve stress. Graf and her husband own a condominium on Lake Erie, and they enjoy spending weekends away from the city. "If I'm in Pittsburgh," she says, "I can't *not* work. And working 14 or 21 days in a row takes its toll."

Angela Merk tries to create her own getaways when the opportunities arise. When her daughter naps, Merk rests. And when her husband is home, she says she enjoys going for walks or shopping alone. "My husband and I also try to schedule time out by ourselves."

Zierdt points out that taking as little as 30 minutes a day to exercise or read a novel can make a tremendous difference in our stress levels. In addition, "Keep in touch with friends," she advises. "Be sure to take a lunch break."

Just Try It

Besides reserving quality time for ourselves each day, we also may need to reevaluate the way we work, whether inside or outside the home. We need to learn to prioritize tasks, to delegate responsibilities, and to develop an "I've done what I could" attitude. We need to understand the ways we interpret emotional challenges so we can alter what we do in response. One good way to gain perspective and clarify our thoughts is to ask ourselves, "In five years, how important will what happened today be?"

Some common-sense stress relievers can help make us happier, healthier, and more productive. "We don't have to change our basic personalities," says Zierdt, "but we often do need to take control and make some small changes." She recommends trying one or two stress relievers per month. If one works, continue to use it. If not, try another.

Eat Right. If we don't eat right, we won't have enough energy to do what needs to be done. We will also fall prey to every germ we come in contact with. It's important to remember that different types of food affect us in different ways. Carbohydrates (including wheat, pasta, bread, and sweets) tend to have a calming effect. Low-fat proteins (including low-fat meat, fish, and low-fat dairy products) are energy providers. Fats slow us down and make us sluggish.

Exercise. Exercise stimulates stress-relieving chemicals in our bodies. Julie Steck gets up at 5:15 each morning so she can walk three miles. Other people work exercise into their daily routines by taking the stairs whenever possible, parking farther away from their destinations, or walking during study or work breaks.

Prioritize. We need to learn to abandon perfectionism. We must identify priorities and act accordingly.

"Just Say No." Many of us take on too many projects, volunteer jobs, and other people's kids. We end up spreading ourselves too thin. It's a difficult lesson to learn, but we should just say no to any request or project that isn't important to us.

Don't Take It Personally. Children pierce their noses; lifelong Democrats vote for Perot. These are not meant as insults and shouldn't be taken that way.

Find a Friend Who Will Listen. Many psychologists now believe that social isolation contributes to stress as well as to depression. According to Jonathan Schedler, a Harvard research

How to Forget a Bad Day in 30 Minutes

Take a walk or jog around the neighborhood.

Ride your bike to the grocery store and back.

Build a fire in the fireplace. • Listen to quiet music.

Take a hot bath or shower and put on comfy clothes.

Read a magazine or good book. • Water the plants.

Work on a hobby. • Put your feet up and take a cat nap.

psychologist, "Humans are emotionally frail. We need real support from other people, and those who don't acknowledge it are going to feel besieged."

Explore Options. There are many relaxation techniques that will help banish stress, including taking long drives, meditating, listening to relaxation tapes, cooking, gardening, or getting a massage or manicure.

Balancing Act

By prioritizing our responsibilities to family, friends, work, community, and selves and by managing the time and effort spent on each, we can live balanced lives. That does not mean that there will be no stress in our lives. It does mean, however, that we can control stress rather than it controlling us. Balance helps women find happiness and personal fulfillment in their lives.

"We need to look at the things we put a lot of energy into and decide if we need to be doing that," concludes Donna Zierdt. "After we've evaluated our priorities, we probably need to let go of some things."

Karen Himle agrees. "So much of the stress we feel is self-imposed. Now that I'm in my forties, I feel I have earned the right to manage my own life."

10 Tips for Reducing Stress

- Turn "needs" into preferences. Our basic needs are food, water, and keeping warm. Everything else is a preference.
 - Schedule a realistic day.
 - Don't put up with things that don't work right. If something is a constant aggravation, get it fixed or replace it.
 - For every one thing that goes wrong, there are 50 or 100 blessings. Count them.
 - Every day, do at least one thing that you really enjoy.
 - Be kind to unkind people. (They probably need it the most!)
 - Remember that the best things in life aren't things.
 - Slice your biggest challenge into bite-sized pieces and tackle one piece at a time.
 - Don't rely on your memory. Write down appointments, meetings, when to pick up the dry cleaning, etc.
 - Relax your standards.
- The world will not end if the grass doesn't get mowed this weekend.

Alpha Xi Chapter Closes

We regretfully announce that the Alpha Xi Chapter at Oregon has surrendered its charter, which was accepted by Grand Council on May 15. The chapter officially closed on June 14.

Decreasing membership made it impossible to carry on chapter operations in spite of the valiant efforts of the current members, their advisers, and the Fraternity. For 88 years, Alpha Xi has contributed quality members who continue to be a strength to the Fraternity. It is our sincere hope that at some time in the future, Alpha Xi will be reestablished at the University of Oregon. ■

1997-98 Editorial Board

The Fraternity is seeking members to serve on the 1997-98 Editorial Board of *The Kappa Alpha Theta Magazine*. For more information, please call:

Liz Rinck
1-888-526-1870, ext. 150
E-mail liz@thetahq.org. ■

WANTED Rush Personnel

The Fraternity is seeking Thetas to serve as area rush representatives in areas where there is no established alumnae group or rush board.

Alumnae rush representatives help procure letters of reference for collegians participating in rush.

For more information about this volunteer opportunity, please contact Headquarters at

317-876-8593, ext. 357
1-888-526-1870, ext. 357
E-mail info@thetahq.org.

Rush Results

Congratulations to the following chapters that pledged quota during the 1996-1997 academic year.

Quota was achieved either in bid matching during formal rush or through continuous open bidding (COB).

(* Indicates those chapters that pledged 40 percent or more of the Theta legacies who participated in their respective school's rush. Boldface indicates those chapters pledging 100 percent of Theta legacies participating in rush):

A/DePauw
B/Indiana
* Γ/Butler
H/Michigan
I/Cornell
* K/Kansas
Λ/Vermont
M/Allegheny
N/Hanover
Ξ/Wesleyan
O/USC
Π/Albion
* T/Northwestern
Φ/Pacific
X/Syracuse
Ω/UC-Berkeley
Φ^Δ/Stanford
ΑΓ/Ohio State
AE/**Brown**
AH/Vanderbilt
* AΘ/Texas
* ΑΛ/Washington
* AM/Missouri
ΑΟ/Oklahoma
ΑΣ/Washington State
AT/Cincinnati
AX/Purdue
ΑΨ/Lawrence
ΑΩ/Pittsburgh
ΒΔ/Arizona
BE/Oregon State
BZ/Oklahoma State
BH/Pennsylvania
BI/Colorado
* BK/Drake
* BM/Nevada
BN/Florida State
* BΞ/UC Los Angeles
BO/Iowa
BΣ/Southern Methodist
BT/Denison
BΨ/McGill
* BΩ/Colorado College
* ΓΓ/Rollins
ΓΔ/Georgia

* ΓΖ/Connecticut
ΓΙ/Kentucky
ΓΝ/North Dakota State
ΓΡ/UC Santa Barbara
* ΓΣ/San Diego State
* ΓΥ/Miami
ΓΧ/Fresno State
ΓΨ/Texas Christian
ΔΔ/Whitman
ΔΕ/Arizona State
ΔΖ/Emory
ΔΗ/Kansas State
ΔΘ/Florida
ΔΚ/Louisiana State
ΔΟ/Alabama
ΔΣ/Ball State
ΔΩ/Texas A & M
ΕΕ/Baylor
ΕΖ/Mississippi
* ΕΙ/Westminster
ΕΟ/Randolph-Macon
ΕΡ/Lehigh
ΕΣ/UC Irvine
ΕΤ/Yale
ΕΥ/**Columbia**
ΕΦ/Chicago
ΕΨ/Richmond
* ΖΘ/California Polytechnic State
ΖΙ/Washington and Lee
ΖΛ/College of Charleston
ΖΝ/UC Davis
ΖΞ/**Harvard-Radcliffe**
ΖΥ/UT Dallas

Other chapters pledging 40 percent or more of the Theta legacies who participated in their respective school's rush.

P/Nebraska
Y/Minnesota
ΔΥ/Eastern Kentucky
EH/Centre College
ZH/Wofford
ΖΡ/UC San Diego ■

This list includes those chapters that submitted rush reports on time.

Fraternity Governing Documents Are Streamlined

Many policies have been placed in the Bylaws, which means a vote by the Convention body is required to alter them.

At the Grand Council meeting in October 1996, Susan Eads Role, Fraternity parliamentarian, and Leah Hartman, Fraternity counsel, led a discussion with Council concerning the Fraternity's various governing documents. Role and Hartman identified the following documents, which contain the rules governing the Fraternity: *Kappa Alpha Theta Articles of Incorporation*, *Kappa Alpha Theta Constitution* (Constitution), *Kappa Alpha Theta Bylaws* (Bylaws), *Robert's Rules of Order Newly Revised* (Robert's), *Kappa Alpha Theta Grand Council Bylaws* (GCB), *Kappa Alpha Theta Duties and Procedures* (D&P), *Kappa Alpha Theta 1992 Procedures* (1992 Procedures), and the various handbooks and manuals of the Fraternity. Role and Hartman offered a historical perspective on certain changes that have occurred in these documents.

At the 1990 Grand Convention, delegates voted to develop a new Fraternity publication, *Kappa Alpha Theta Duties and Procedures*, a multivolume reference document which would include handbooks, manuals, and other reference or guideline materials. It was hoped that certain "procedural" information would be moved to another source (e.g., the Constitution; Bylaws; and another former fraternity document, the *Kappa Alpha Theta Standing Rules* [SR]), which was not legislative in nature and would not require delegates' attention.

At the 1992 Grand Convention, much of the information contained in the SR was added to the Constitution and Bylaws to give delegates more control

over substantive issues, such as the level of per capita fees and member discipline. Previously, Grand Council had the authority to change rules and policies contained in the SR without a convention body vote ratifying such changes. These changes and the elimination of the SR shifted authority over certain substantive issues from Grand Council to the membership and delegates at Grand Convention.

Much of the procedural information from the Constitution, Bylaws, and Standing Rules was moved to D&P. Description of officer responsibilities, for the most part, were moved to D&P as well. During 1993, Grand Council decided that the original concept of D&P as a multivolume, all-encompassing resource document was not achievable. While certain important information was contained in D&P, additional substantive work on D&P was halted. Further, it was apparent that D&P was not as widely used as had been envisioned. At the October 1996 Grand Council meeting, Grand Council determined that D&P was not functioning as envisioned and voted to discontinue it, transferring the rules therein to other documents as follows:

- 1) provisions relating to responsibility and authority of Grand Council Members to Grand Council Bylaws,
- 2) provisions relating to standing committees to GCB,
- 3) provisions relating to special officers and staff officers to GCB,
- 4) provisions relating to regional officers to GCB,
- 5) provisions relating to district officers to GCB.

Council also authorized the deletion of references to D&P from the Bylaws. These changes, while effective immediately, were in the form of Bylaw amendments which must be ratified at the 1998 Grand Convention.

Grand Council also decided that the 1992 Procedures should be discontinued, transferring the rules to other documents as follows.

- 1) procedures relating to new members, except new member discipline, and the procedures relating to chapter initiations to the *College Chapter Handbook*
- 2) procedures relating to chapter initiations to the *Colonization and Installation Manual*
- 3) procedures relating to college chapter finance to the *College Chapter Finance Handbook*
- 4) procedures relating to new member discipline to the Bylaws

Role and Hartman also discussed with Grand Council the possibility that, depending on the recommendations of the Structure Task Force, many changes to our governing documents, particularly the Constitution and Bylaws, may be necessary in the near future. They recommended that the process known as "revision of by-laws" in Robert's be considered. Under this process, a committee with at least one drafting subcommittee would be appointed to draw up the proposed revised bylaws. Once completed, the proposed revised bylaws would need the approval of the assembly of delegates at one of the upcoming Grand Conventions. At this time, Grand Council has not established such a committee. ■

Together Thetas Is a Winner!

Together Thetas, the Fraternity's member recruitment campaign, recently received three Certificates of Excellence in the Southern Michigan/Northern Indiana "ADDY" competition.

ADDYs are awarded by the American Advertising Awards. Richard Harrison Bailey, the agency with whom we have been working to develop the campaign, has now submitted Together Thetas to the regional competition.



Model R2D2—The Next Generation

Second Round (R2), Options & Decisions (D2)

Report by the
KAO Structure Task Force

Buzzing from the media blitz of *Star Wars* and from *Star Trek* images, we have produced *The Next Generation* in our voyage to a new frontier in Kappa Alpha Theta's history: **Model R2D2**.

This Next Generation follows the "First Generation," which appeared in 1995 when Grand Council established the Structure Task Force (STF). The STF was charged with evaluating the volunteer structure of the Fraternity and

proposing structure changes that would reflect the changing profile of today's volunteer.

When the STF first met in March 1996, three diverse structure models were drafted.

Each model presented a variety of approaches and solutions to the problems facing the Fraternity. Every member of the Fraternity was invited to participate in the evaluation of these models

through various avenues: a survey questionnaire was developed for distribution to officers, chapters/clubs, and all interested members; focus groups (conducted regionally and at Grand Convention) were moderated by members of STF; articles appeared in Fraternity and Foundation publications announcing the STF activity and inviting individual response to the survey; and a detailed presentation was made at Grand Convention 1996.

The Structure Task Force met again in February 1997 to assess the assimilated responses from all of our efforts to gather input and to further refine the model(s). The focus group and survey responses confirmed the following.

- ♦ A desire for greater alumnae/collegiate interaction
- ♦ An urgent need for improved communication channels
- ♦ Support for using task forces at all levels (a way to involve volunteers for short-term commitment)
- ♦ The perception of paid staff as a stabilizing constant since volunteers come and go
- ♦ A desire for simplifying everything
- ♦ A need to empower local

decision making and minimize red tape

- ♦ A need to clarify chain of command and ultimate decision authority
- ♦ Enthusiasm for the Educational Leadership Consultant program—ELCs should visit *all* chapters
- ♦ Little or no knowledge of the functions of or need for state chairmen (SC) or permanent alumnae secretaries (PAS)

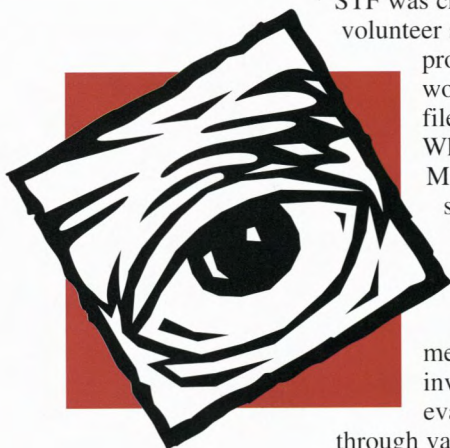
Responses indicated that Model 1, which is closest to the present Fraternity structure, is not much of an improvement over the present structure. Most respondents were comfortable with the idea of off-site staff. The model does not show or promote alumnae/college connection.

Model 2 was judged overwhelmingly complex, but with strong team-building potential and strong alumnae-collegiate interaction. Respondents were enthusiastic about the use of technology but cautious about its potential to create a barrier to participation. There was strong support for the idea of an advisory council, preferably filled by Thetas. The idea for a congress was confusing and cumbersome.

Model 3 featured geographic managers (GM) and also unified alumnae/collegiate communication and interaction. This model provided consistent supervision and training. Respondents indicated concern about recruiting and compensating GMs effectively, yet pointed out that a paid person can give full attention to the job, can be held accountable, and is perceived to be more approachable than a volunteer. Model 3 featured a logical chain of command with quick response time and best addressed the problem of volunteers with less time to give.

In response to this input, a second-round model (R2) with options and decisions (D2) was designed. The general shape of the model is emerging, but refining the details will require lots of careful input from Theta thinkers. We welcome *your* input on the general model and the specific options we've identified.

The functional job titles used in Model R2D2 seem awkward, but the intentional use of unfamiliar designations helps us all to think in terms of



new definitions and to avoid attributing understanding that is implied by using old terminology. The final job titles will be refined at a later time, and we invite your suggestions about appropriate terminology.

Strengths of Model R2D2

- ◆ Streamlined
- ◆ Allows for long-range vision and policy-making at the governing board level
- ◆ Promotes local autonomy (authority and decision making at local chapter level and regional level)
- ◆ Provides ample training to produce confidence and effectiveness in decision-makers
- ◆ Fosters alumnae/college interaction—vice-president is in charge of both
- ◆ Builds on strengths of available technology
- ◆ Expands opportunities for alumnae involvement by providing a variety of types and times of commitment for available jobs
- ◆ Creates direct lines of authority
- ◆ Organizes by geographical regions, recognizes regional differences, and allows for flexibility to meet different needs
- ◆ Places collegiate representative(s) on governing board
- ◆ Organized to promote Theta for a lifetime; views member as a firm foundation

for Fraternity structure with Grand Convention as the legislative authority

- ◆ Provides specialist layers between membership and Convention
- ◆ Allows flexibility at every level to call upon resources, expand, address specific needs, etc.
- ◆ Emphasizes staff support to volunteers and management of program specialists
- ◆ Utilizes a business-plus approach: with a \$2 million budget, the Fraternity *must be* an efficient business, but it is a "business plus" since it is a people business
- ◆ Fits well with the present structure of the Foundation—STF has made no recommendations regarding changes in the Foundation.

Since our timeline for drafting legislation has been extended to the year 2000, we plan to continue to refine Model R2D2 by seeking informed and careful thinking from every member of the Fraternity through 1998.

It is our firm belief that success is enhanced when each member is informed of the process underway and has an opportunity to assimilate how the changes will look and function. Thanks for being part of the process. Our own STF Position Statement states: "Each member of the Fraternity is mandated to consider what is best for

Kappa Alpha Theta so that the First Greek Letter Fraternity Known Among Women continues to be the finest one." Join us in this opportunity to serve Kappa Alpha Theta. We look forward to hearing from you. Call Headquarters at 1-888-526-1870, ext. 345, to request a survey packet. ■

KAPPA ALPHA THETA STRUCTURE TASK FORCE

Cochairmen

Peggy Ahrenhold Gallagher,
ΓΔ/Georgia
Suzanne Luton Woodruff,
ΓΨ/Texas Christian

Members

Nancy Milligan Frick, A/DePauw
Martha Taylor Jones, AO/Oklahoma
Norma Anderson Jorgensen,
ΓΖ/Connecticut
Sara Jane Ruffin Kennerley,
ΑΓ/Ohio State
Katie Ditrich McMillin, AX/Purdue
Marilyn Holappa Nicholls, Φ/Pacific
Jennifer Northam, T/Northwestern
Noel Powers, ΕΨ/Richmond
Betsy Sierk, BO/Iowa

Consultants

Leah Hartman, N/Hanover
Susan Eads Role, N/Hanover

Legacy Introduction Form

Do you have a sister, daughter, or granddaughter who will be attending a university with a Kappa Alpha Theta chapter?
Complete this form and send it to the Theta chapter on the campus your legacy plans to attend.

(See the Rush Personnel Directory in the Spring 1997 issue of *The Magazine* for college chapter addresses.)

This introduction does not take the place of a reference. Please make sure a reference form is completed on behalf of your legacy.

To _____ Chapter of Kappa Alpha Theta at _____
COLLEGE OR UNIVERSITY

I wish to introduce to you my sister, daughter, granddaughter (circle one), _____
NAME

She will be enrolling on your campus as a freshman, sophomore, junior, senior (circle one) beginning _____
DATE

Her school address will be _____

Signed: _____
FIRST MAIDEN LAST

Address: _____
STREET CITY STATE/PROVINCE ZIP CODE PHONE

Chapter/School: _____ Year initiated: _____

HONORARY & MEMORIAL GIFTS

GIFTS RECEIVED JANUARY 1 - MARCH 31, 1997

IN HONOR OF:

50-Year Thetas
Nancy Frantz Davies, AO
 by Carolynn Burgess Parrish, AO
 by Enid Alumnae Club
The Graduation of Jennifer Menge, M.D., EK
 by Santa Cruz Alumnae Club
1997 New Members of Alpha Phi Chapter
 by Laura Jacobson Lester
Albion College
 by Adele Dreyer Whitehouse
Alumnae Committee
 by Lyn Stewart Simensen
Finance Regional Directors
 by Elizabeth Ann Sierk
Mother
 by Cosette Minton Lang
Delta Omicron Sisters
 by Allison Whitley Vickery
Trina, Daughter
 by Kathryn Altmore Soares
Frances Turner Allison, BH
 by Greater Ft. Myers Alumnae Club
Carol Sheridan Arneson, Y
 by Beverly McKennett Sheridan
Florence Helen Ashby, BN
 by Gloria Stephens Williams
Ann Muus Ashworth, TZ
 by Greater Ft. Myers Alumnae Club
Kathleen Babcock, EI
 by Rebecca Bicklen Morris
Joan Morrison Barry, TM
 by Washington D.C. Alumnae Chapter
Candice Baumgarten, Y
 by Linda Beck Pieplow
Kristen N. Blakely, ZP
 by Debbie Blakely
Deborah Britton, T
 by Barbara Britton Matta
Katie Britton, T
 by Barbara Britton Matta
Leslie Davis Brown, TM
 by Gloria Stephens Williams
Colleen M. Burke, ZY
 by Lillian Bradford Smith
Margaret Law Callcott, AD
 by Washington D.C. Alumnae Chapter
Mary Lynn McCarthy Carroll, TM
 by Linda Beck Pieplow
Gertrude Ord Chamberlain, P
 by Jeanette Ord Sager
Lauren McVay Cochran
 by Gloria McVay Cochran
Cler Colson Cole, TA
 by Atlanta Alumnae Chapter
Greater Ft. Myers Alumnae Club
 by Renee Crothers Budke
 by Joyce Ault Cordon
Patricia Sheridan Cuervo, Y
 by Beverly McKennett Sheridan
Randi Pyfer Dalglish, BE
 by Jean Stevens Pyfer
Linda Anderson Dullam, AE
 by Nancy Smith Grubb
Polly Paulsen Duntley, BA
 by Nancy Smith Grubb
Jessie Kelley Durham, EZ
 by Jackson Alumnae Chapter
Missy Evans's, TP, Marriage
 by Katie Oleskevich Bernsen
Myra Toel Faison, TK
 by Washington D.C. Alumnae Chapter
Jo Beth Jacobson Farmer, B
 by Betsy Johnson Jacobson
Mary Ellen Kutsenda Fitzmonds, BK
 by Linda Beck Pieplow
Janie Robb Forbes, BY
 by Washington D.C. Alumnae Chapter
Nancy Milligan Frick, A, for CASAS for Kids 1996
 by Indianapolis Alumnae Chapter
Nancy Milligan Frick, A
 by Chicago North Shore Alumnae Chapter
Krista L. Gaugler, ZY

by Lillian Bradford Smith
Marci Goldstein, BP
 by Joan Workun Goldstein
Nancy Kessler Greenbaum, K
 by Jeanne Brock Bunn
 by Betty Gard Duncan
 by E. Mary Schwartz Fallon
 by Betty Hauck Goolsbee
 by Patricia French Harris
 by Beverly Barker Nix
 by Marilyn Fenton Walz
Courtney Lee Harrel, TI
 by Grady and Carole Harrel
Cathy Glasgow Harris, BS
 by Mollie Walker Means
Jean Rinehart Hartman, ITI
 by Martha Hartman Schutte
Joan Sandidge Hill, BZ
 by Susan Hill Paolitto
Claire Mabry Holland, TI
 by Claire-Brentwood Area Alumnae Club
Diana Buhl Hurley, EN
 by Gloria Stephens Williams
Janis H. Johnson, AS
 by Washington D.C. Alumnae Chapter
Mary Jane Clippinger Jordan, A
 by Jo Anne Clippinger Sweet
Lucy Hendrick Kernode, BP
 by Carey Elizabeth Kernode
Mary Forsell Kramer, Y
 by Jodie Moody Miller
Janice Rae Wallenborn Lawson, TA
 by Gloria Stephens Williams
Meredith M. Maxim, ZP
 by J. R. Maxim
Sharon Coggan McBride, T
 by Gloria Stephens Williams
Rosellen McCarthy, TM
 by Linda Beck Pieplow
 by Gloria Stephens Williams
Carol Stenberg McPadden, A
 by Judith Young Barnes
Jennifer Menge, EK
 by Carolyn Watson Menge
Jane Colby Merriam, TM
 by Gloria Stephens Williams
Mary Catherine Farrington Miller, BB
 by Linda Castellon Debrovner
Norma Monninger
 by Rebecca Clem Wade
Miles Lind Moore, TK
 by Washington D.C. Alumnae Chapter
Kathleen Flint Moran, AI
 by Gloria Stephens Williams
Susan McIntire Mueller, AI
 by Nancy Smith Grubb
Beta Lambda Chapter
 by Ellen Lewis McGimsey
Tiffany Newell, AI
 by Kathryn Hawley Steadman
Eleanor Saunders Nichols, BP
 by Nancy Smith Grubb
Jane Templeton Nichols, B
 by Carol Collins Templeton
Cynthia Beard Niner, EE
 by Nancy Smith Grubb
Leslie Pearl O'Malley, TI
 by Ann-Marie MacDonald Pahides
Anika Olsen, P
 by Amber Olsen
Carol Orvis Olsen, BQ
 by Gloria Stephens Williams
Mary Ellen Gates Osborne, B, for CASAS for Kids 1996
 by Indianapolis Alumnae Chapter
Gamma Delta Chapter's 60th Anniversary
 by Anne Sullivan Haynie
Loraine Guyer Percy, BE
 by Washington D.C. Alumnae Chapter
Florence Dodge Philbrick, BE
 by Washington D.C. Alumnae Chapter
Linda Beck Pieplow, TM
 by Gloria Stephens Williams
Zeta Tau Chapter
 by Kristin L. Svehla
Linda Diane Rieger, BI
 by Amanda Jones Hartnett

Ali Rimpes, AN, Wedding
 by Eliza Anne Sorte
Kathryn Wynn Salvemini, TM
 by Gloria Stephens Williams
Meghan Elizabeth Sarles
 by Susan Calobrisi Greene
Ida Atkinson Sharkey, Y
 by Washington D.C. Alumnae Chapter
Brenda Souza's, TX, Bachelorette Party
 by Paige Falls
Michelle Perry Stephenson, EZ
 by Maria Poncar Perry
Toledo Alumnae Chapter
 by Carol Sterner Perry
Donna Holzhauser Valentine, P
 by Diane Shelton Ford
Julie Byrwa Vander Linde, TI
 by Ann-Marie MacDonald Pahides
Virginia Tipton Walkup, BN
 by Martha Lynn Deubler
Annette Warder, AH
 by Gloria Stephens Williams
Lillian Jonas Warren, T
 by Barbara Warren Ekstrand
Virginia Freeman Weil, TA
 by Washington D.C. Alumnae Chapter
Karen L. White, EE
 by Gloria Stephens Williams
Judy DeLozier Williams, BZ
 by Ines Abbott McCrory
Leslie Schmidt Williams, BN
 by Gale Hays Van Ort
Marcie Wall Wolfe, BA
 by Linda Beck Pieplow
Sandra McDermond Wood, A
 by Miriam Brand McDermond
Helen Edwards Woodward, AO
 by Anne Ford McCurdy
Ann Elizabeth Templeton Wright, T
 by Carol Collins Templeton
IN APPRECIATION OF:
Jean Harrington Coogan, AM
 by Marilyn Chesser Lynch
Martha Taylor Jones, AO
 by Marilyn Chesser Lynch
Janet Schoeller Knight, BS
 by Marilyn Chesser Lynch
Kim Kabler Rootes, AM
 by Marilyn Chesser Lynch
Arlene Robinson Wagner, AH
 by Marilyn Chesser Lynch
IN CELEBRATION OF:
The 1997 Birthdays of the Foundation Trustees and Executive Director
 by Joyce Harrison Honeyman
Florence Helen Ashby's Birthday
 by Carolyn L. Duignan
Fran Fuller Davis's Birthday
 by Paula Bergin Sohlt
Mary Solberg Galloway's Birthday
 by Paula Bergin Sohlt
Brenda Souza Hastings's Pregnancy
 by Paige Falls
Rod & Kristine Knutsen Hoffman's 25th Anniversary
 by Viola Sorensen Herrick
Janice Rae Wallenborn Lawson's Marriage
 by Suzanne Schwind Sarles
 by Northern Virginia Alumnae Chapter
Mrs. Kenneth Miller's 100th Birthday
 by Joyce Harrison Honeyman and Ron Honeyman
Marie Lavie Shupe's 70-Year Membership in KAG
 by Marie Lavie Shupe
Shaunna Wulff's Wedding
 by Paige Falls
IN MEMORY OF:
Joan Walton's Father
 by El Camino Real Alumnae Club
Mom and Dad
 by Alice Lee Lund
Founders of KAG

by Vera Phillips Gerlach
Virginia Bielefeld,
 by Barbara Bielefeld Winkler
Nancy Cochran Abbey, TP
 by Linda Beck Pieplow
Frances Esterly Adams, K
 by Carolyn Edson Stewart
Madeline D. Adams, AH
 by Madeline Reynolds Adams
Amanda Howze Amsler, AO
 by Kathryn Amsler Priddy
Judge Peter Anello
 by Mrs. Wanda Cirese
Betty Dutch Barnett, P
 by Hester Mary Dutch Van Steenberg
Naomi Smith Basham, AO
 by Virginia Hindman Freeman
Carolyn Claggett Blakeman, I
 by Palos Verdes Peninsula Alumnae Chapter
 by Nancy Bennett
 by Sigrid Husted Allman
Lynda Bynum Blevins, AO
 by Anne Ford McCurdy
Patricia Dilworth Boatner, AO
 by Northern Virginia Alumnae Chapter
 by E. Karen Bowen
 by Suzanne Deborah Croft
 by Susan Eads Role
 by Carey Elizabeth Fitzmaurice
 by Judith Zimmerman Thorne
 by Rebecca Ann Reddick
 by Nancy Koberstein Kobasa
 by Jennifer L. Lucas
Norma Paylor Bortages, AO
 by Jane Paylor Hale
Ruby Brite Bowker, O
 by Nancy DeYager Hill
Mrs. Andrew F. Buhler
 by Gwendolyn Buhler Talbot
Angela Buscemi, BO
 by Mary Jane Parker Beach
Hiram J. Bush, MD
 by Beverly Ann Bush
Mona Carnahan Casteel, AM
 by Emily Irwin Reeser
 by Katherine Fox Hull
 by Mary Beaver Murray
 by Margaret Rogers Hainline
Mary Carol McClelland Chester, BP
 by Joanne Stephens Vennema
William E. Chilton
 by Betty Peppard Wilkinson
Lois Aylesworth Clark, X
 by Jane Aylesworth Kitchen
Ruth Hahn Conway, BT
 by Pamela Conway Dickerhoof
Margaret Baker Crawford, A
 by Mary Houston Nordlund
Kathryn E. Cronister, AO
 by Frances Ambursen
Pat Cuddeback
 by Angela Cuddeback Cox
Isabelle Krumm Dalling, P
 by Sun Cities Honorary Alumnae Club
Gabrielle Anne Deland, AP
 by Elizabeth Ayscue Katz
Irvin Dempsey
 by Jennifer Meyers Weight
Alice Dey
 by Alumnae Committee
Anna May Ditter, AO
 by Elizabeth Ayscue Katz
Janet Feenaughty Duerden, AE
 by Martha Feenaughty Harris
Mary Benham Eddy, N
 by Jo Ann Flubacher Withrow
Joan Wagner Essex, TI
 by Don and Jessie Wagner and Family
 by Karen Wagner Zega
 by Mr. and Mrs. Leo J. Wagner
 by Paul and Lana Goble
 by Michael Essex
 by Ann Day Downer
 by Mary Podshadley Lockrow
 by Edith Rose Allen
 by Doris Ann Mouser
 by Paula Gordon Henry
 by Chrissy Muncy Henderson
 by Brenda Wagner Smyth
Joan Carlson Fell, B
 by Jane Fell Frazier
Shirley Keller Fields, BM
 by Mary Scott Foster
Penelope B. Fischer

by Amanda McCracken
Carolyn Wright Fish, BE
 by Rebecca Fish Hatcher
Joyce Vangsness Foley, Y
 by Effie Pearce
 by Jane and LeRoy Wesley
Georgia Wright Gabriel, BE
 by Rebecca Fish Hatcher
Katherine Lucas Goodwin, AX
 by Julia Kirkpatrick McKinney
 by Rosemary Walton Ransom
 by Sue Farrell Supple
Donald P. Graf
 by Doris Geenen Graf
Alice Barnett Graves, AM
 by Washington D.C. Alumnae Chapter
Lorna Bohan Griffith, BO
 by Janet McNeely Folks
 by Virginia Garland Dole
 by Elizabeth Green Gavigan
 by Betty Goodman Giles
 by Janis Hendrie Crowhurst
 by Carolyn Lynch Thiel
 by Beverly Dolby Rutkin
 by Peggy E. Marvil
 by John Griffith
 by Marjorie and Richard Sinclair
 by Jean Poole
 by Alice H. Grady
 by Bridget Emerson
 by Joan and Bill Krause
 by Charles Weisbin
 by Shelley Todd
 by Mary Taylor Escherich
 by Yasuko Kumagai
 by Jack and Jean Swanson
 by Dolly Bohan Reitz
 by Doris Purvine Christensen
 by Jean Ferguson Harris
 by Judith Blackburn Epley
 by Helen Buscher Franke
 by Cathy Lammers Fickas
Lee Jenks Grylls, H
 by Sun Cities Honorary Alumnae Club
Mary Swan Hagen, A
 by Bloomington Alumnae Chapter
Handrum Jones Hager, AX
 by Louisville Alumnae Chapter
Gerald H. Hartman
 by Gerald and Susan Eads Role
Vicki Held
 by Gwendolyn Crosswhite Jones
Mrs. Gerrit Henry, Sr.
 by Joyce Harrison Honeyman and Ron Honeyman
Dwight and Jenifer Herren and Children
 by Mildred Cannon Elmgreen
 by Marian Cannon Taylor
Nancy Schuetter Hussey, AP
 by Muriel Clapp Curry
Dorothy McIntire Israel, AI
 by Elizabeth Burley Abbott
Elizabeth Ann Hadaway Zahnt, M
 by Nan Sanders Johnson
 by Waco Alumnae Chapter
Jane Collins Johanning, AI
 by Maury Johanning Cunningham
Beverly Hanson Jones, TS
 by Dorothy Gann Emerson
Mr. Vernon T. Kalmbach
 by Dr. and Mrs. Larry Allen and Meredith
Ronnie Kay
 by Freddie Charlene Bartless
Charles "Kevin" Kile
 by Garnet Long Picking
Betty McQuistan King, P
 by Maribel Hitchcock Marsh
Ed LaGrave
 by Patricia Easley Lorenz
 by Doris Secor Hopkins
 by Mary Buler
 by Jean Buckley Desch
 by Rosie Draper Biggs
 by Audre McMeekin Mills
Lou Lansburgh
 by Gertrude Humbert Taylor
Mary Lou Leinberger Larson, AM
 by Mary Maack Ellis
Kelly T. Lawrence, BE
 by David E. Cox
 by Warren E. Nute and Marcia Nute
 by Kathryn Nute
 by Laura McCandless Lang
 by Kristin Thorn

James W. Lloyd
 by Betty Peppard Wilkinson
Edith Lucas
 by Linda Beck Pieplow
Elaine Lyne, BX
 by Lois Nichols Verchomin
Kathryn Anderson Mackaman, BK
 by Olympia Alumnae Club
Mary Jane Malone, AO
 by Janet Schoeller Knight
Virginia McDonald Manley, AY
 by Virginia Manley Ruselowski
Lucille Atkins Marquis, BZ
 by Patricia A. Kleinknecht
Betty Jane Rinehart Mayfield, TA
 by Canton Alumnae Club
Victor Rex Mayfield
 by Canton Alumnae Club
Ruth Maxwell McDowell, T
 by Lynne McDowell Stimpel
Jane Bowers McKinney, AO
 by Anne Ford McCurdy
Taylor Jane McMurrey
 by Myrna Kronmiller Simon
Phyllis Andrews Meinzer, AK
 by Dayton Alumnae Chapter
Rebecca Michalik, BK
 by Kristin Helquist
 by Laurel Neff Swanson
Patricia Helen Mickle, TI
 by Adrienne (Pixie) Priest McGaw
Harriet Costello Mikkelsen, P
 by Maribel Hitchcock Marsh
C. Harber Monroe
 by Mildred Cannon Elmgreen
Kathryn Brown Moon, AT
 by Springfield Alumnae Club
Jennifer Moreland, TP
 by Deborah Marks Dillon
Martha Glessner Morrill, T
 by Florence Avery Holloway
Mariam Moore Morrison, AX
 by Susanna F. Goddard
 by Marian Honzik
 by Elizabeth Brooker
 by Psi Iota Xi
 by June Howell
 by Peter and Beth Flanagan
 by LuAnn Unison Coldwell
 by Joseph and Ann Barber
 by Martha Jewett Yeo
 by Joan Isenberger Murray
 by Diane Barber Silcox
Rose Mary Nelson
 by Angela Jill Nelson
Virginia Southgate Neumeister, TI
 by Elizabeth Ayscue Katz
Florence Sargent O'Banion, AS
 by Priscilla O'Banion Beard
Donald Carson Oppenheimer, BY
 by Lorna Carson Evans
Roberta McIver Ormseth, BE
 by Patsy Smith Brewer
Jean Lowe Orvis, BK
 by Kay Granter Rubner
Gretchen Graves Osborne, T
 by Thomas and Sally Luger
 by Eleanor Hilgenberg Hatfield
 by The Robert Gates Families
 by Janet King
 by Kelley Galbreath Hurst
 by Mary Ellen Gates Osborne
Susan Hill Paolitto, BS
 by Eleanor Bullard Pella
Jean Lynn Payne, AO
 by Nancy Frantz Davies
Louisa Dallis Pearl, BB
 by Atlanta Alumnae Chapter
Miriam Waters Pease, AT
 by Laura Reid Pease
Libby Fawkes Peterson, Y
 by Joyce Cisco Reck
June Adams Quilici, BM
 by Elaine Elder Quilici
Marian Barney Randecker, T
 by Jean Randecker Flagen
Phoebe Hunt Reed, BT
 by Dr. and Mrs. Jack W. Gottschalk
McKenzie Richardson
 by Carman Jane Wagers
Marian Sanford Robb, Y
 by Eleanor Robb
JoAnne Seamon Roberts, A
 by Chicago West Suburban

Alumnae Chapter
 by Susan Chambliss Kamm
 by Susan Schafer Burke
Joline Ackerman Robinson, P
 by Joanne Ackerman Goodwin
Anna Jean Rockwood, B
 by Joanne Ackerman Goodwin
Jo Ann Dinsmoor Rose, TO
 by Albuquerque Alumnae Chapter
 by Holly Adler Arvanites
Merle A. Rosselle
 by Janet Rosselle
Linda Moran Schmidt, BS
 by Amy Foster
Ruby Pasho Selby, T
 by Marie Hill Neuman
 by Mary Kay Martin Arbogast
Joanne Shanley, BI
 by Nancy Fishburn Kennedy
Dorothy Hooper Slemmons, AT
 by Janet Slemmons Hitler
 by Stephanie Grebe Meier
 by Sally Hitler Young
Phyllis Rose Smith, A
 by Dorothy K. Elmendorf Spaulding
Carol Bruce Snyder, BZ
 by Carol Gordon Scott
Harry Stella
 by Lisa M. McGuinness
Zoe M. Stoker, BM
 by Deborah Stoker Kelly
Virginia Huffman Straley, AX
 by Gordon Straley
Helen Guion Ebeling Stratton, TA
 by Dayton Alumnae Chapter
Sharon Stoberg, AH
 by Jane Tarver Dronberger
Kate Bennis Sturgeon, B
 by Bloomington Alumnae Chapter
 by Jane and Gene Fitchall
 by Rosemary Humphreys Morrow
Nancy Lamb Sun, TA
 by Annapolis-Severna Park Alumnae Club
 by Linda Beck Pieplow
 by Marjorie Wible Schaller
 by Gloria Stephens Williams
 by Louise Skoldal Goyette
Margaret Leikvold Tiltonson
 by Phyllis Leikvold Tiltonson
Betsy Mangum Tompkins, AO
 by Kelly Searl Lansing
Catherine Watts Tompkins, BK
 by Milwaukee Alumnae Chapter
Frances Carney Tracy
 by Erma Jean Livingston Tracy
Elizabeth Van Daman
 by Leesa Wilson-Goldmuntz
Constance Venable, BI
 by Margaret Clit Means
Florence Abernathy Waldrop, AH
 by Elizabeth Winfield Rigney
Florence Willis Wallace, BN
 by Martha Broyles Lee
Robert Carlton Warren, Sr.
 by Joyce Harrison Honeyman and Ron Honeyman
Judith McCormick Watson, A
 by Carolyn Watson Menge
Gail Patricia West, AP
 by Elizabeth Ayscue Katz
Eleanor Bjelke Wheeler, BT
 by Dayton Alumnae Chapter
Nevada Pedrol Wheeler, BM
 by Frances Slavin Cole
Peggy Conrad White, A
 by Carol Conrad Hake
Antonia Budwig Wiegand, AI
 by Harriett and Bob Lewis
 by Mary Maack Ellis
Barbara Summers Witz, O
 by Barbara Winston Bovee
Betty Ramey Wiseheart Wolfe, T
 by Suzanne Ramey Carr
Madeline Purnell Wray, BP
 by Margaret Wray Childers
Beverly Ballantine Yntema, H
 by Betsy Driscoll Lowry
Ruth Watson Young, T
 by Sun Cities Honorary Alumnae Club

IN MEMORIAM

Dorothy Sankey Atkinson (Mrs. J. Kenneth)
Allegheny 1932; December 1996

Mildred Hutchison Sedwick
Allegheny 1940; November 1996

Donalda Carson Oppenheimer (Mrs. David)
British Columbia 1932; April 1993

Patricia Moores Farmer (Mrs. Wm.)
Butler 1944; March 1997

Gretchen Graves Osborne (Mrs. Thomas)
Butler 1950; March 1997

Jean Portman Allen (Mrs. David)
Cincinnati 1944; January 1997

Mary Mantz Griffith (Mrs. Richard)
Colorado 1945; April 1997

Jean Cowton Kahrhoff (Mrs. Charles)
Colorado 1937; January 1997

Mary K. Leonard
Colorado College 1932; January 1997

JoAnne Seamon Roberts (Mrs. Frederick)
DePauw 1961; February 1997

Virginia Mims Vorder Bruegge (Mrs. Mark)
Duke 1947; April 1997

Sandra Spence Kramer (Mrs. Charles)
Florida State 1959; January 1997

Louise Hodgson Hines (Mrs. James)
Georgia 1937; February 1997

Anne Wilson Bullard (Mrs. Dexter)
Goucher 1918; March 1996

Sally Sproat Mays (Mrs. James)
Illinois 1943; January 1997

Jane Foulkes Malone (Mrs. William)
Indiana 1956; March 1997

Grace Kratz McDonald (Mrs. James)
Indiana 1942; December 1996

Kate Benms Sturgeon (Mrs. Robert)
Indiana 1935; February 1997

Frances Esterly Adams
Kansas 1924; February 1997

Sharon Stroberg (Mrs. Roger)
Kansas State 1978; February 1997

Barbara Wilson Cutroneo (Mrs. Anthony)
Michigan State 1941; March 1997

Elizabeth Amiss Kramer (Mrs. Myron)
Michigan State 1932; April 1997

Josephine Ernst Delger (Mrs. Arnold)
Minnesota 1933; April 1997

Joyce Vangsness Foley (Mrs. John)
Minnesota 1937; March 1997

Claire Adamson Robertson (Mrs. Bruce)

Minnesota 1941,

Mona Carnahan Casteel (Mrs. Wynne)
Missouri 1927; January 1997

Marian Thomas Ratchford (Mrs. John)
Missouri 1940; January 1997

Margaret Kallmeyer Wilson (Mrs. Troutman)
Missouri 1940; March 1997

Kay Lund Collins (Mrs. Kenneth)
Montana 1955; February 1997

Alice Pedley Barber (Mrs. Oril)
Nebraska 1931; April 1997

Grace Bailey Haskell (Mrs. John)
Nebraska 1922; December 1996

Catherine Slavin Barlow (Mrs. Hohman)
Nevada 1931; April 1997

Nevada Pedrolí Wheeler (Mrs. Sessions)
Nevada 1924; November 1996

Elizabeth Hailey
Newcomb/Tulane 1930; February 1997

Martha Glessner Morrill (Mrs. Eliot)
Northwestern 1929; January 1997

Virginia Hoover Thompson (Mrs. Jack)
Northwestern 1940; November 1996

Ruth Watson Young (Mrs. Robert)
Northwestern 1927; January 1997

Helen McCray Reynolds (Mrs. Wm.)
Ohio State 1924; April 1997

Ann Huling Rosato (Mrs. Michael)
Ohio State 1956; September 1996

Lois Cupps Ferguson
Ohio Wesleyan 1931; January 1997

Jean Motz Lutz
Ohio Wesleyan 1947; January 1997

Doris Brooks Marting (Mrs. Richard)
Ohio Wesleyan 1931; December 1996

Helen Guion Ebeling Stratton (Mrs. Raymond)
Ohio Wesleyan 1927; January 1997

Emma Walker McClain (Mrs. Ted)
Oklahoma 1934; March 1997

Jean Lynn Payne (Mrs. J. G.)
Oklahoma 1947; February 1997

Frances Stewart Smith Greene (Mrs. Louis)
Oklahoma State 1922; March 1996

Helen Randolph Henley (Mrs. Thomas)
Oklahoma State 1949; April 1997

Virginia Vandenberg Shades (Mrs. Chester)
Oklahoma State 1932

Lucille Ostlind Adelsperger (Mrs.

Robert)
Oregon 1932; December 1995

Dorothy Hughes Grant (Mrs. Paul)
Oregon 1931; January 1997

Valencia A. Alvarado
Oregon State 1985; February 1997

Model Hystad Wise (Mrs. Richard)
Oregon State 1934; July 1996

Bertha Wirt Smith (Mrs. Theodore)
Penn State 1935; January 1997

Nancy Lee Jones Altimier (Mrs. David)
Pittsburgh 1936; January 1997

Jeannette McClure Polley (Mrs. Ernest)
Pittsburgh 1925; February 1997

Katherine Lucas Goodwin (Mrs. James)
Purdue 1924; January 1997

Barbara Weeks McLeod (Mrs. C. J.)
Randolph-Macon Woman's C. 1942; February 1997

Evelyn Maule Jones (Mrs. William)
South Dakota 1925

Elizabeth Miller Hayes (Mrs. John)
Syracuse 1929; March 1996

Margaret Iglehart Rising (Mrs. Harold)
Syracuse 1928; November 1997

Myrna Agor Shirtz (Mrs. M. C.)
Syracuse 1932; February 1997

Naomi Smith Basham (Mrs. George)
Texas 1937; March 1997

Ella Mills Camp (Mrs. William)
Texas 1930; January 1997

Ruth McNamara Sprague (Mrs. Kurth)
Texas 1949; February 1997

Betsy Mangum Tompkins (Mrs. Joseph)
Texas 1936

Betty Wheless Trotter
Texas 1951; April 1997

Nancy Quinn Watson (Mrs. Thomas)
Texas 1952; April 1997

Yvonne King Bergin (Mrs. Leo)
UC Los Angeles 1932; January 1997

Winifred Williamson Tucker (Mrs. A.R.)
UC Los Angeles 1940; March 1997

Helen Moore Cole (Mrs. Whitefoord)
Vanderbilt 1926; December 1996

Elizabeth Dandridge McDonald
(Mrs. Angus)
Vanderbilt 1933; December 1996

Nan Castner Reed (Mrs. Joseph)
Vanderbilt 1941; March 1997

Kathleen Moore Wilson (Mrs. R. E.)

Vanderbilt 1918

Virginia McDonald Manley (Mrs. Preston)
Washburn 1925; January 1997

Louise Lavelle Brooks
Washington 1946; February 1997

Julie Betschart
Washington & Jefferson 1991; March 1997

Margaret Barry Beaumont (Mrs. Peter)
Washington State 1919; January 1997

Hermine Duthie Decker
Washington State 1927; September 1996

Patricia Sampson Lantow (Mrs. Martin)
Washington State 1930; March 1997

Florence Sargent O'Banion (Mrs. J. H.)
Washington State 1938; February 1997

Margaret Wells Tompkins (Mrs. Richard)
Washington State 1928; March 1997

Nancy Pugh Luce (Mrs. Robert)
Washington/St. Louis 1953; December 1996

Orrel Baldwin Noble (Mrs. J. Kendrick)
Wisconsin 1920; April 1997

Elizabeth Fawkes Peterson (Mrs. Robert)
Wisconsin 1949; February 1997

Helen Sackett
Wisconsin 1918; March 1997

Grace Kellogg Van Ornum (Mrs. Harry)
Wisconsin 1921; January 1997

**Dates represent year of initiation and month and year of death.*

THETA REUNIONS



Seven members of the Gamma Iota Chapter who graduated from the University of Kentucky in 1990 rented a house in Tuxedo, NC, for a reunion. Back row: Allison Williams-Shipman, Christine Snyder, Marge Taylor, Sherry Stevens; front row: Alice Smothers, Paige Taylor-Proctor, Liz Isaac-Holmes.



The 1981 graduation class of the Gamma Iota Chapter at University of Kentucky held its 15th-year reunion in Lexington, Ky. Back row: Julie Riney Richardson, Cindy Good Allen, Lisa Schafer Correll, Janet Murphy Roberts, Pam Holtz Allen, Ann Day Downer, Mary-Charles Wombles Sigal, Dee Dee Peege Lee; front: Bev Jeffers Gill, Missy Stubbs Mossman, Carrie Ritcher Lenehan, Tanya Bauer Jones, Wendy Stevens Hook.



Members of Alpha Gamma Chapter's 1971 pledge class gathered at the Ohio State chapter house to celebrate the 25th reunion of their initiation. Back row: Gretchen Bonnie, Jane Ewing Hentgen, Joan Mackenbach Diso, Martha Bartter Peterson, Jan Johnson Patterson, Meredith Charles Trapp, Libby Davis Weatherholt; front row: Charlene Andres Guthrie, Stephanie Thomas Crosbie, Debbie Lighton Schnable, Darlene Euretig Cartwright, Jan Baker Rogers.



Twelve members of the Alpha Nu Chapter at Montana gathered for a weekend on Flathead Lake, in northwestern Montana, to celebrate their 20-year reunion. Back row: Diane Marshall Neste, Jan Lloyd Hoff, Kathleen Jones Benoit; second row: Catherine Emission Stoick, Marian Booth Green, Debbie Koon Ofstead, Sue Musckett Harrison, Ann Lloyd; front row: Kathleen Fuller Eder, Mary Poore, Trudi Knudsen Shjeflo, Anne Taylor Barr.



For their third reunion, held to celebrate the 30th anniversary of their graduation, members of the Beta Phi Chapter of Penn State met in Paoli, Penn. Back row: Dodie Carter Gill, Barbara Clark Tudas, Harriet Curry Grier, Eleanor Humenuk Strayer, Kathy Millhouse Murphy, Jennifer (Winkie) Long, Wesley Streton Knapp, Barbara Taylor Kondrath, Joanne Guthrie Coburn, Peg Bush Kirkey, Marrie Yinger Sandham, Lynn (Raven) Wray Rudnitsky, Jody Aldrich Graham, Barbara Gohn, Janet Geiger Bruce; second row: Cheryl McMinn Campbell, Vicki Dean Lewis, Cindy Smith Tozer, Betsy Welch Lennon, Toni Schick Kipilman, Nancy Messersmith Kindregan, Donna Franco Oliver, Jane Hurley Corson; front row: Karen Axelson Ottesen, Jean Bacsik Anstine, Marianne Drukker McClennen, Barbara Queer Rittenhouse.



Twenty members of Alpha Chapter's initiation class of 1957 held a reunion in Boulder, Colo. One sister, Dorthe Banholzer, was an exchange student at DePauw and traveled from Berlin to attend. Back row: Lois Southard Snelson, Mindy Fuller Mayhall, Dede Lockwood Jamison, Nancy Rogers Wilkens, Sue Harger Dillon, Sharon Mallough Clarkson, Bunny Longenecker Ranney, Beth Bogie, Judy Laadt O'Dell; second row: Ginny Cooling Hollett, Julie Arnold Holmes, Dorthe Niedhardt Banholzer, Eloise Eskew Coffey, Jane Jobe Heath, Marcia Life, Ree Rice Moores; front row: Judy Gardner Livengood, Jeanne Laduke, Barb Kuber Maurer, Kathy Rosenthal Fuller, Pat Parker Andrew.